NHS
Suffolk and North East Essex
Integrated Care Board

Position Statement: Prescribing of HidraWear® Garments

The Suffolk and North East Essex (SNEE) Integrated Care Board (ICB) DOES NOT support the routine prescribing of HidraWear® garments.

Prescribing should be undertaken in exceptional cases only, on the recommendation of a dermatology specialist.

Hidradenitis Suppurativa (HS)

HS is a chronic inflammatory skin disorder of the hair follicle. The condition is characterised by painful nodules, abscesses and draining tunnels, found in the armpit, chest, groin, thigh, and buttocks. The lesions are often associated with pain, oozing, odour, and scarring.

In some patients HS lesions consistently weep exudate and drain continuously, requiring frequent dressing changes (on average 3-4 times per day). Patients with HS have a higher risk of anxiety and depression and may require further support.

HidraWear® Wound Dressing System

This dressing system replaces traditional wound dressings and is intended to enable patients with HS to self-care using non-adhesive dressings. It comprises a super-absorbent wound dressing pad with fastening tab, and a retention garment. The dressing pad is placed inside the HidraWear® garment, which holds it in position without the need for it to be attached to the skin.

- HidraWear® is **only** intended for use on wounds in difficult to dress areas of the body, such as the armpit, buttocks and groin.
- HidraWear® is **only** intended for patients whose condition cannot be managed with alternative dressings.

HS Severity - Hurley Staging System and Prescribing Guidance

Stage 1	Stage 2	Stage 3
Isolated lesions without sinus tracts or scars	**One or more lesions with sinus tract formation, separated by normal skin**	**Interconnected tracts with multiple lesions involving an extended area with no normal tissue present**
		
HidraWear® should **NOT** be prescribed for mild HS.	HidraWear® may be considered on an individual patient basis where the condition and its management are impacting on quality of life* and/or where dressings have been trialled and failed. A robust clinical assessment must be undertaken and clearly documented by an NHS dermatology specialist.	

*To include difficulty performing daily activities; impact on personal and/or working life; pain, scarring, areas leaking fluid/pus; embarrassment and psychological strain; depression.

Exclusion criteria

HidraWear® garments should **NOT** be prescribed for:

- Patients who have been diagnosed with Stage 1 HS.
- Patients who are unable to use HidraWear® garments independently to self-manage their condition.
- Patients who do not require regular dressing changes.
- Patients whose condition is managed adequately with their current treatment.
- Patients whose quality of life is not impacted by their condition.

Prescribing Guidance

- Always prescribe in accordance with specialist advice and recommendations.
- Prescribe two HidraWear® garments (one to wash and one to wear) every 6 months.
- Garments should be washed daily. They are guaranteed for 90 washes or 6 months' use.
- Initially prescribe two boxes of dressings if the patient has multiple wound sites and/or a high level of exudate.
- Prescribe one box of dressings per month thereafter. This is sufficient for two dressings per day.
- Dressing pads can also be used in conjunction with foam dressings.

PRODUCT	SIZE / PRODUCT CODE	
Unisex T-shirt	Small (GAX002-01) Medium (GAX002-02)	Large (GAX002-03) XLarge (GAX002-04), XXLarge (GAX002-05)
Women's Crop Top	Small (GAX001-01) Medium (GAX001-02)	Large (GAX001-03) XLarge (GAX001-04), XXLarge (GAX001-05)
Men's Boxer Briefs	Small (GBB002-01) Medium (GBB002-02)	Large (GBB002-03) XLarge (GBB002-04) XXLarge (GBB002-05)
Women's Briefs	Small (GBB001-01) Medium (GBB001-02)	Large (GBB001-03) XLarge (GBB001-04) XXLarge (GBB001-05)
Superabsorbent Dressing	7.5cm x 12 cm (pack of 60) (BHD001) 13.5cm x 19cm (pack of 10) (BHD002)	

Useful resources

Daylong Direct Customer Service (Monday to Friday, 9am-5pm on 01159 320144).

British Association of Dermatologists HS PIL: https://www.bad.org.uk

HS Foundation: https://www.hs-foundation.org/

Skin support: https://skinsupport.org.uk/conditions-details/hidradenitis-suppurativa

Support groups: support-groups-for-hidradenitis-suppurativa

HidraWear® videos and downloads:

- https://www.daylong.co.uk/info/hidrawear/
- HidraWear-Prescribers-Guide.pdf
- DAY068 V1.1_HidraWear_Prescribers Guide_DT_A5_DIGITAL.pdf

References

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- Jemec, G. B. (1996). The prevalence of hidradenitis suppurativa and its potential precursor lesions. Journal of the American Academy of Dermatology
- Matusiak Ł. Profound consequences of hidradenitis suppurativa: a review. Br J Dermatol. 2018
- Moloney S., McGrath B.M., Roshan D., Gethin G. 2021 The Personal Impact of Daily Wound Care for Hidradenitis Suppurativa
- Newman, Jodie 2023. Implementing HidraWear into clinical practice for the management of chronic wounds associated with Hidradenitis Suppurativa (HS).
- Optimising Hidradenitis Suppurativa Care: A Multi-Professional Consensus Statement BDNG 2022