NHS
Suffolk and North East Essex
Integrated Care Board

Antibiotic resources for the general public

There are many resources available to engage with the public to promote responsible and appropriate use of antibiotics.

Resources are available as printed documents following a consultation to advise on expected length of infection, actions to take to minimise symptoms and to sign post to self-care treatment options. These patient leaflets can be printed from the Target website Leaflets to discuss with patients: How to use these leaflets (rcgp.org.uk) and are available in many different languages. Topics covered include:

- Managing common infections
- Self-care leaflet
- Urinary tract infections
- Respiratory tract infections

Both the Target website and the European Antibiotic Awareness Day website Communication toolkit to promote prudent antibiotic use aimed at primary care prescribers (europa.eu) also have resources for use in waiting rooms and clinical areas. Examples of these include posters, videos and slides for use on TV screens.

Examples







