

**Example Medication Reminder Chart**

Patient Name:	Doris Jones
Date of Birth:	10 December 1956
Date of chart preparation:	12/2/2026

Medication	Directions	Time 08:00	Time 12:00	Time 17:00	Time 22:00	Notes
Aspirin 75mg dispersible tablets	Take ONE in the morning	1				
Adcal D3 tablets	Take ONE in the morning and evening	1		1		Suck or chew before taking
Zopiclone 7.5mg tablets	Take ONE at night				1	