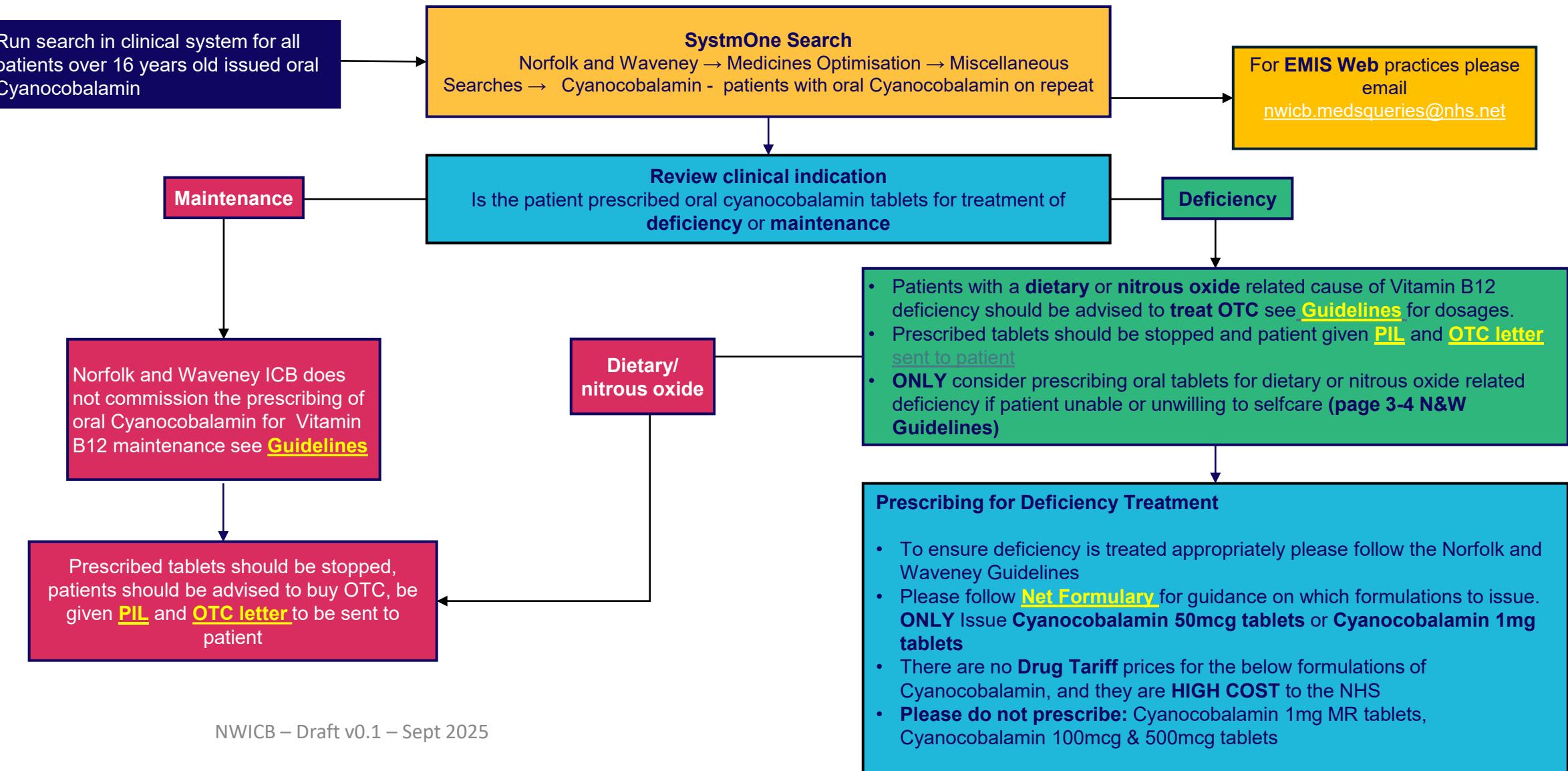


# Oral Vitamin B12 deprescribing flow chart



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|--|--|
| <b>Title</b>   | Flow chart - Oral Vitamin B12 deprescribing flow chart   |
| <b>Description of policy</b>                               | <i>To inform healthcare professionals</i>  |
| <b>Scope</b>   | <i>Norfolk and Waveney Integrated Care System</i>  |
| <b>Prepared by</b>   | Norfolk and Waveney ICB Medicines Optimisation Team  |
| <b>Impact Assessment</b><br>(Equalities and Environmental) | <p><i>Please indicate impact assessment outcome:</i></p> <p><i>Positive impact</i></p> <p><i>Adverse impact - low - action plan completed as per guidance</i></p> <p><i>Adverse impact - medium - action plan completed as per guidance</i></p> <p><i>Adverse impact - high - action plan completed as per guidance</i></p> <p><i>No impact</i></p> <p><b><i>No policy will be approved without a completed equality impact assessment</i></b></p> |
| <b>Other relevant approved documents</b>                   | This document supports <a href="#">VitB12_deficiency_Adults.pdf</a>  |
| <b>Evidence base / Legislation</b>                         | <p>Level of Evidence:</p> <p><i>A. based on national research-based evidence and is considered best evidence</i></p> <p><b><i>B. mix of national and local consensus</i></b></p> <p><i>C. based on local good practice and consensus in the absence of national research based information.</i></p>  |
| <b>Dissemination</b>                                       | Is there any reason why any part of this document should not be available on the public web site? No   |
| <b>Approved by</b>   | TAG – October 2025   |
| <b>Authorised by</b>                                       | MOPB – October 2025  |
| <b>Review date</b>   | October 2027 - TAG   |
| <b>Date of issue</b>                                       | October 2025   |

| Version Number | Author                                | Purpose / Change  | Date     |
|----------------|---------------------------------------|---|----------|
| 0.1            | Specialist Technician, MO Team, NWICB | Final- new flow chart to support vitamin B12 deprescribing – supported by TAG and MOPB Oct 2025 | Aug 2025 |
|                |                                       |   |          |
|                |                                       |   |          |