

Ardens SystmOne Malnutrition Screening template information and user guide

Anna Samkin from our Medicines Optimisation Dietetic team has been part of a national working group to update the Ardens SystmOne Malnutrition template to make it clearer, more user-friendly and better aligned with current guidance.

Why the template needed a refresh

At the start of the project, views were gathered from prescribers across three ICBs including N&W, about the existing malnutrition template:

- 96 responses were received.
- Almost all respondents reported using Ardens templates.
- However, only 27% were aware that a specific Malnutrition template existed.
- Of those who were aware of it, 86% found it useful.

Prescribers were also asked what makes a “good” template. Common themes included:

- Clear, uncluttered text
- Easy navigation
- A logical, step-by-step structure
- Built-in guidance
- Everything needed in one place
- Direct links to the relevant formulary

These priorities were used to guide the redesign.

What's new in the updated template?

Working closely with Ardens, many of the suggested changes have now been agreed and incorporated into the standard template, which has been published. Key updates include:

- **Clearer guidance for each MUST step**
Supporting clinicians to work through the malnutrition screening process more confidently and consistently.
- **Embedded links to related templates**
Quick access to other appropriate Ardens templates, improving workflow and reducing the need to search elsewhere.
- **Pre-filled actions aligned to BDA advice**
Suggested actions are now in line with the BDA factsheet on food-based advice, helping standardise practice.
- **Streamlined resources**
Various local resources from different CCGs/ICBs have been removed and replaced with the BDA factsheet: *Spotting and treating malnutrition – BDA*, ensuring use of a single, evidence-based national resource.

Screenshots of the updated template are available below to illustrate how the changes will look in practice.

Local tailoring and formulary alignment

Anna has worked with the Ardens team to further **localise** the template by:

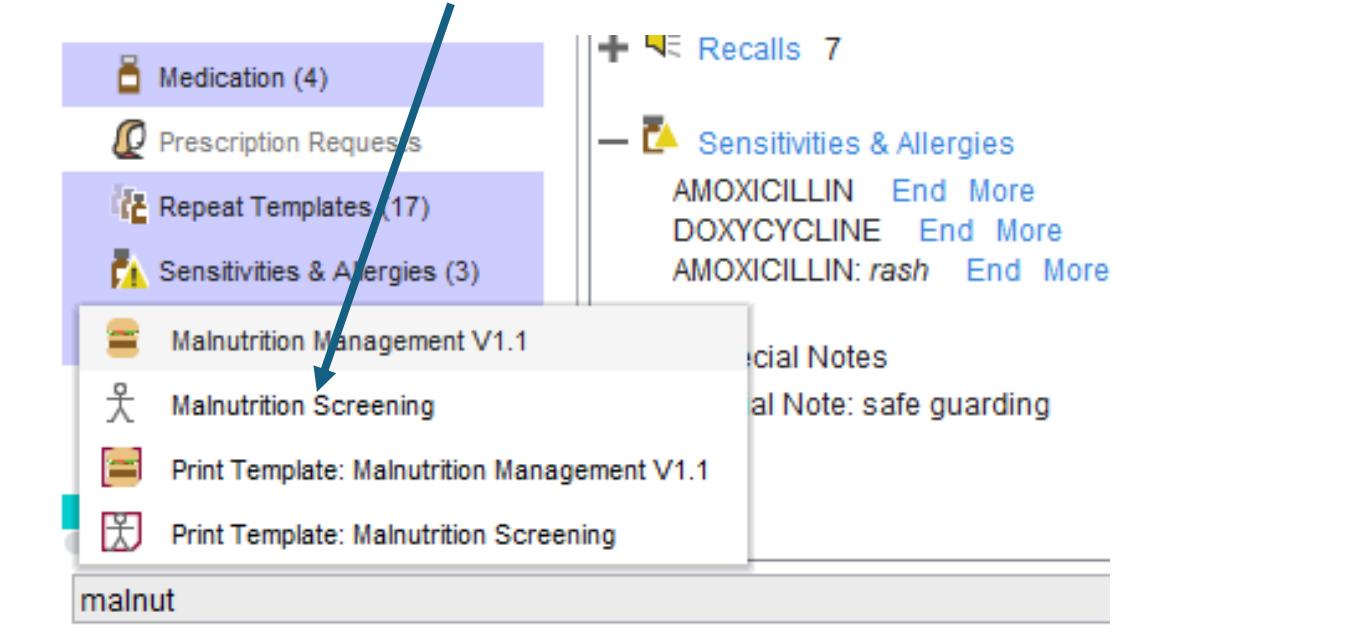
- Adding links to local resources
- Highlighting formulary-preferred oral nutritional supplement (ONS) options

Next steps – cow's milk protein allergy template

The working group will continue its work and is now beginning to review the **cow's milk protein allergy (CMPA)** template.

User guide:

- Choose 'Malnutrition screening' option (stick man) when searching for template (other option is very out of date- Ardens team to remove- in progress)



malnut

Malnutrition Screening - Initial Assessment

Age ≥ 18 years

Assessment

- History
- Examination
- Swallow assessment
- Scores

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- Impression
 - Low risk of malnutrition - MUST score 0
 - Medium risk of malnutrition - MUST score 1
 - High risk of malnutrition - MUST score >=2
- Management
 - Advice on monitoring - of dietary intake + weight
 - Advice on follow-up - to return if problem persists or deteriorates
 - Checked for any inappropriate ONS prescribing
 - Dietary advice given
 - Dietary education
 - Food fortification
- ONS Goals
- Referral to dietitian
- Further management
- Further management
- Follow-up arranged

Add preset note

Enter text to search

Malnutrition Screening - Resources

Age ≥ 18 years

Patient

- Malnutrition preset message
- No preset message
- BDA Malnutrition
- Nutrition Checklist

For further information about malnutrition, please see: <https://www.nhs.uk/conditions/malnutrition/>

Professional

- Bapen.org COPD & Malnutrition
- BDA
- BDA - Food facts
- BDA - Hydration in Older Adults
- BDA - Management of Pressure Injuries
- BDA - Spottng & Treating Malnutrition
- CKS
- Malnutrition Pathway
- Malnutrition Pathway - ONS
- MUST
- Patient.info - GI Malabsorption
- Patient.info - Malnutrition

Reference

- BNF
- NICE CG32
- NICE QS24

Ardens

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Local Guidance