Alternative weight management services support pathway in Norfolk and Waveney (for 18+)

Targeted support (condition or criteria specific)									
(NHS Dial Progra Duration		%° □	NHS Type 2 Path to Remi (Total Diet Replacement) - Duration: 12 month Eligibility criteria:	- Oviva s	Progr Duration Eligibility crit			NHS STAFF Digital Weight Management Programme Duration: 12 weeks Eligibility criteria:	
pre-diabetes) - previous 12 mo OR Previous Gesta (ever)	tional Diabetes (GDM)		Type 2 Diabetes diagnosis 6 years Aged 18-65 BMI 27+*	in last	1,2 or other) established h OR both BMI ≥ 30			Staff member working in NHS in any role (including bank and temporary roles) with valid NHS email address BMI ≥30	
Kelettarilidepi	endent of bivil			- U -1					
For all others									
Body Mass Index (see below* for adjustment by ethnicity)									
BMI 25-29.9* - Overweight - Clincal criteria									
			Univ	ersal Support Offer	S				
Feel Good Suffolk (Waveney)			Ready to Change (Norfolk)					Better Health - NHS	
			BMI 3	0-34.9* - Obes	ity I				
			If not eligible for condi	tion or criteria spec	ific targeted suppor	rt			
	Q		ood Suffolk (Waveney) Targete thority Tier 2 weight managem services Duration: 12 weeks		weight mai	ed local authority T nagement services n: 10-12 weeks			
		M h	iligibility criteria: Motivated to achieve a nealthy weight BMI ≥ 30		Eligibility crit Norfolk resid with Norfolk BMI ≥ 30	ent/registered			
BMI ≥ 35* - Obesity II and III									
All of the above apply, but where there is clinical need to seek more intensive weight management support:									
- ensure effective gly	/caemic management in	line with NICE	ler condition specific targete	ration for injectabl	detailed above (T2 e therapies for the	management of h	yperglycaem	ia as recommended by NICE and as	
Current therapies: Dulaglutide (Trulicity) Liraglutide (Victoza) Semaglutide (Ozempic) Tirzepatide (Mounjaro)	Dulaglutide (Trulicity) Liraglutide (Victoza) Semaglutide (Ozempic) If triple therapy with metformin and 2 other oral drugs is not effective, not tolerated or contraindical is not considered necessary, consider triple therapy by switching one drug for a GLP-1 mimetic for a considered necessary or higher (adjust accordingly for people from Black, Asia and the same					Ilts with type 2 diabetes who: and other minority ethnic do so, therapy can be initiated in primary care. Otherwise a referral should be made to the local specialist diabetes service (whether community diabetes nursing team or local secondary			
Step 2:	For patients whose o	clinical needs	are not met by the abo	ove, determine v	vhether thev me	et criteria for e	ither of the	e following pathways	
Step 2: For patients whose clinical needs are not met by the above, determine whether they me							2) <u>Tirzepatide Prescribing Pathway</u>		
All patients must meet the NICE criteria for eligibility, with prioritisation as detailed in the clinical threshold policy								he NICE criteria for eligibility, with	
All patients must					esnoia policy	prioritisation vi	a the Fundin	g Vairation as detailed in the pathwa	
Patient meets Clinical Threshold Policy referral criteia						Key:			
Use shared decision making to determine: a) individual is motivated to lose weight b) individual wants referral to specialist weight management services c) preferred treatment pathway (ie intensive lifestyle support/injectable therapy/surgical)							Phone supp	oort available	
Refer to Specialist weight management services						200	Face to fac	e support available	
v e s	Direct referral only where patient has engaged with Tier 3 service in last 2 years or in	Tier 3 Spe	ecialist Weight Management Service*	* - Local Provider - Right To Choos			Digital sup	port available	
c a F	exceptional circumstances with approved Individual Funding Request IFR)	► N	Bariatric Specialist Weight lanagement Service - uton and Dunstable	<u> </u>		Use lower Asian, Ch African or they are p	r BMI thresho inese, other of African-Cari orone to cent	olds in people with a South Asian, Middle Eastern, Black bbean family background, as tral adiposity and their	
		Eligibility BMI ≥ 40 c	criteria: or ≥ 35 in presence of other	significant diseases		Overweig	g ht — BMI 23	ccurs at lower kg/m2 to 27.4 kg/m2. g/m2 or above.	

Morbid/severe obesity present for at least 5 years Patients have been referred to/engaged with Tier 3

of intervention

Unable to lose clinically signifiaent weight during period

Obesity — BMI 27.5 kg/m2 or above.
Obesity classes 2 and 3 — reduce the BMI thresholds

by 2.5 kg/m2.