

Norfolk and Waveney Primary Care

Best Value Inhalers licensed for Asthma July 2025

For information on all inhalers see [NetFormulary - Respiratory chapter](#)
See [NICE NG245](#) for information on 'off-label' use of inhalers

Best value Dry Powder Inhalers (DPIs)  Consider DPIs as 1st Line for age 12 years and over, *within product licence*.*

ALL DPIs have a **dose counter / indicator**. All DPIs require the same inhalation **technique: quick & deep (2 – 3 sec)** *Click inhaler names for link to [SPC](#)
DPIs for age < 12 years child must have face to face assessment or on specialist advice only. Click [here](#) for Norfolk and Waveney Primary Care Asthma resources
Ensure ALL patients have an up to date **Personalised Asthma Action Plan (PAAP)** [Asthma + Lunk UK](#), [Beat asthma \(CYP resources\)](#)

Short Acting Beta₂ Agonist (SABA) Reliever

[Easyhaler® Salbutamol 100mcg](#)

Licence age ≥ 4 years



Shake upright 3 - 5 x before use.
Press to prime
Carbon neutral
Shelf life 6 months after opening
[Click here for video](#)

[Ventolin Accuhaler® 200mcg](#)

Salbutamol Licence age ≥ 4 years



Slide lever to prime.
Shelf life 24 months
[Click here for video](#)

Inhaled Corticosteroid (ICS) Maintenance

[Easyhaler® Budesonide](#)

Licence ≥ age 6 years
100mcg, 200mcg, 400mcg



Shake upright 3 - 5 x before use
Press to prime [Click here for video](#)
Carbon neutral
Shelf life 6 months after opening

or [Easyhaler Beclometasone](#)

Licence Adults only
Only available as 200mcg



Inhaled Corticosteroid (ICS) plus Long Acting Beta₂ Agonist (ICS / LABA) (see details below for licenced indications)

For information on **Anti-inflammatory Reliever Therapy (AIR)** click [here](#), **Maintenance and Reliever Therapy (MART)** click [here](#)

[Fobumix Easyhaler®](#) Budesonide / Formoterol



Shake upright 3 - 5 x before use. Press to prime [Click here for video](#)
Carbon neutral Shelf life 4 months after opening
80mcg/4.5mcg: ≥ 6 years Maintenance only,
≥ 12 years Maintenance, MART
160mcg/4.5mcg: ≥ 12 years Maintenance, AIR or MART
320mcg/9mcg: ≥ 12 years Maintenance only

[WockAIR®](#) Forspiro Budesonide / Formoterol



Forspiro device Open and close lever to prime [Click here for video](#)
2 x 60 dose inhalers in one 120 dose pack Shelf life 2 years
160mcg/4.5mcg: ≥ 12 years Maintenance, AIR or MART.
320mcg/9mcg: ≥ 12 years Maintenance only

For alternatives, *if the above devices are not appropriate for the patient see pages below.*

¹Choose: the most appropriate device for the patient **Check:** inhaler technique at every opportunity, *ask the patient to demonstrate.*

Correct: show the patient how to use the device using physical demonstration **Confirm:** clinicians should use a checklist for each device

Ideally use ^a In-check® Dial G16 (or similar / training device) to ensure the patient will be able to use the device. 1. Global Initiative for Asthma (GINA)

Best Value Pressurised Metered Dose Inhalers (p MDIs)

1st line for younger children, *within product licence*, OR for older children and adults if a DPI is not appropriate.

All p MDIs require the same inhalation technique: **slow and steady (3 - 5 sec)**. Some pMDIs have dose a counter / indicator [How to use a p MDI video](#)

Ideally all p MDIs should be used with a spacer* to improve drug delivery to the lungs ['How can I tell if my inhaler is empty' Beat Asthma](#)

(ALL young children should use p MDIs with a spacer*)

Ensure ALL patients have an up to date **Personalised Asthma Action Plan (PAAP)** [Asthma + Lunk UK](#), [Beat asthma \(CYP resources\)](#)

Short Acting Beta₂ Agonist (SABA) Reliever

Inhaled Corticosteroid (ICS) Maintenance only

[Salamol® 100mcg p MDI](#) salbutamol

Licence for children and adults



NO dose counter.

['How can I tell if my inhaler is empty' Beat Asthma](#)

Shelf life 3 years

[Clenil Modulite® pMDI](#) beclomethasone 50mcg, 100mcg, 200mcg, 250mcg Carbon neutral (only 50mcg & 100mcg licensed for children)



HAS a dose indicator.

Counts in 20's to 0

Shelf life 3 years

Inhaled Corticosteroid (ICS) plus Long Acting Beta₂ Agonist (ICS / LABA) Maintenance OR [Maintenance and Reliever \(MART\)](#)

[Combisal® pMDI](#) Fluticasone propionate / salmeterol

Licence 50 / 25mcg ≥4yrs, 125 / 25mcg ≥12ys, 250 / 25mcg ≥12ys



NO dose counter.

['How can I tell if my inhaler is empty' Beat Asthma](#)

Shelf life 24 months

**Fixed dose MAINTENANCE ONLY,
NOT licensed for MART**

[Luforbec® p MDI](#)

Extrafine beclometasone / formoterol

Carbon neutral



HAS a dose indicator. Counts in 20's to 0

Shelf life 3 years

100 / 6mcg: ≥ 18yrs Maintenance or MART

200 / 6mcg: ≥ 18yrs Maintenance only

[Bibecfo® p MDI](#)

Extrafine beclometasone / formoterol



HAS a dose counter. Counts in 1's to 0

Shelf life 21 months

100 / 6mcg: ≥ 18yrs Maintenance or MART

200 / 6mcg: ≥ 18yrs Maintenance only













***SPACERS:** see *KM Bulletin 18 Inhaler Spacer Devices* for full details on formulary devices, comparisons and care of spacer ([click here for link](#))

Use the same spacer for dose titration. A change in spacer may affect the dose delivered and may require dose adjustment.

Ensure device / mask is age appropriate and give spacer care advice. See [Rightbreathe.com](#) for more information on spacer compatibility

Norfolk and Waveney Primary Care *Alternative Inhalers for Asthma*

Ensure the patient has a face-to-face assessment by a clinician with appropriate respiratory expertise
For more information and formulary status of all other devices see [NetFormulary - Respiratory chapter](#)

<p>Short Acting Beta₂ Agonist SABA Reliever</p>	<p>Bricanyl Turbohaler® 500mcg <i>Terbutaline - alternative drug content and DPI device Licence for children and adults</i></p>  <p>Has a dose indicator Twist blue grip to prime. Shelf life 3 years Click here for video</p> 		
<p>Inhaled Corticosteroid</p> <p>ICS Maintenance only</p>	<p>Pulmicort Turbohaler® <i>Budesonide ≥ 5yrs</i> Alternative device</p>  <p>Has a dose indicator Twist brown grip to prime Click here for video Shelf life 24 months</p> 	<p>Flixotide Accuhaler® <i>Fluticasone propionate ≥ 4yrs</i> Alternative drug content and device</p>  <p>Has a dose counter Slide lever to prime Click here for video Shelf life 18 - 24 months</p> 	<p>Flixotide 50mcg Evohaler® <i>Fluticasone propionate ≥ 4yrs</i> Alternative drug content and device</p>  <p>NO dose counter. Ideally use with a spacer (necessary for younger children) Shelf life 24 months</p> 
<p>Inhaled Corticosteroid (ICS) plus Long Acting Beta₂ Agonist</p> <p>ICS / LABA</p> <p><i>See details for licenced indications</i></p>	<p>Alternative ICS / LABA DPI devices with budesonide / formoterol drug content</p> <div style="display: flex; justify-content: space-between;"> <div data-bbox="472 826 1144 1114"> <p>*DuoResp Spiromax®</p> <p>Has a dose indicator. Open inhaler cap to prime (clicks) Shelf life 6 months <i>after opening foil wrapper</i> Click here for video</p> <p>160mcg/4.5mcg: ≥ 12 years Maintenance, AIR or MART. 320mcg/9mcg: ≥ 12 years Maintenance only</p> </div> <div data-bbox="1144 826 1906 1114"> <p>*Symbicort Turbohaler®</p> <p>Has a dose indicator. Twist red grip to prime Shelf life 3 years Click here for video</p> <p>100mcg / 6mcg: ≥ 6 years Maintenance only, ≥ 12 years Maintenance or MART 200mcg / 6mcg: ≥ 12 years Maintenance, AIR or MART 400mcg / 12mcg: ≥ 12 years Maintenance only</p> </div> </div> <p>ICS / LABA DPI devices with alternative drug content</p> <div style="display: flex; justify-content: space-between;"> <div data-bbox="472 1161 1144 1449"> <p>Fostair NEXThaler® <i>Extrafine beclometasone / formoterol Carbon neutral</i></p>  <p>Has a dose counter Open the cover to prime Shelf life 6 months <i>after opening</i> Click here for video</p> <p>100 / 6mcg: ≥ 18yrs Maintenance or MART 200 / 6mcg: ≥ 18yrs Maintenance only</p>  </div> <div data-bbox="1144 1161 2123 1449"> <p>Relvar Ellipta® <i>Fixed Maintenance only, ONCE daily dose</i> <i>Fluticasone furoate / vilanterol Licence</i></p>  <p>Has a dose counter Open the cover to prime (If you open and close without inhaling, the dose is lost) Shelf life 6 weeks <i>after opening</i> Click here for video</p> <p>92 / 22mcg: ≥ 12 years Maintenance only 184 / 22mcg: ≥ 12 years Maintenance only</p>  </div> </div>		