

# Norfolk and Waveney Primary Care

## Best Value Inhalers licensed for Asthma May 2025

For information on all inhalers see [NetFormulary - Respiratory chapter](#)  
See [NICE NG245](#) for information on 'off-label' use of inhalers

### Best value Dry Powder Inhalers (DPIs) Consider DPIs as 1<sup>st</sup> Line for age 12 years and over, *within product licence*.\*

ALL DPIs have a **dose counter**. All DPIs require the same inhalation **technique: quick & deep (2 – 3 sec)** \*Click inhaler names for link to [SPC](#)  
*DPIs for age < 12 years child must have face to face assessment or on specialist advice only.* Click [here](#) for Norfolk and Waveney Primary Care Asthma resources  
Ensure ALL patients have an up to date **Personalised Asthma Action Plan (PAAP)** [Asthma + Lunk UK](#), [Beat asthma \(CYP resources\)](#)

#### Short Acting Beta2 Agonist (SABA) Reliever

##### [Easyhaler® Salbutamol 100mcg](#)

Licence age ≥ 4 years



Shake upright 3 - 5 x before use.  
Press to prime  
**Carbon neutral**  
Shelf life 6 months after opening  
[Click here for video](#)

##### [Ventolin Accuhaler® 200mcg](#)

Salbutamol Licence age ≥ 4 years



Slide lever to prime.  
Shelf life 24 months  
[Click here for video](#)

#### Inhaled Corticosteroid (ICS) Maintenance

##### [Easyhaler® Budesonide](#)

Licence ≥ age 6 years  
100mcg, 200mcg, 400mcg



Shake upright 3 - 5 x before use  
Press to prime [Click here for video](#)  
**Carbon neutral**  
Shelf life 6 months after opening

##### or [Easyhaler Beclometasone](#)

Licence Adults only  
Only available as 200mcg



#### Inhaled Corticosteroid (ICS) plus Long Acting Beta2 Agonist (ICS / LABA) ( see details below for licenced indications)

For information on **Anti-inflammatory Reliever Therapy (AIR)** click [here](#), **Maintenance and Reliever Therapy (MART)** click [here](#)

##### [Fobumix Easyhaler®](#) Budesonide / Formoterol



Shake upright 3 - 5 x before use. Press to prime [Click here for video](#)  
**Carbon neutral** Shelf life 4 months after opening  
80mcg/4.5mcg: ≥ 6 years Maintenance only,  
≥ 12 years Maintenance, MART  
160mcg/4.5mcg: ≥ 12 years Maintenance, AIR or MART  
320mcg/9mcg: ≥ 12 years Maintenance only

##### [WockAIR®](#) Forspiro Budesonide / Formoterol



Forspiro device Open and close lever to prime [Click here for video](#)  
2 x 60 dose inhalers in one 120 dose pack Shelf life 2 years  
160mcg/4.5mcg: ≥ 12 years Maintenance, AIR or MART.  
320mcg/9mcg: ≥ 12 years Maintenance only

For alternatives, *if the above devices are not appropriate for the patient* see pages below.

**<sup>1</sup>Choose:** the most appropriate device for the patient **Check:** inhaler technique at every opportunity, *ask the patient to demonstrate.*

**Correct:** show the patient how to use the device using physical demonstration **Confirm:** clinicians should use a checklist for each device

*Ideally use <sup>a</sup> In-check® Dial G16 (or similar / training device) to ensure the patient will be able to use the device. 1. [Global Initiative for Asthma \(GINA\)](#)*

## Best Value Pressurised Metered Dose Inhalers (p MDIs)

1<sup>st</sup> line for younger children, within product licence, OR for older children and adults if a DPI is not appropriate.

All p MDIs require the same inhalation technique: **slow and steady (3 - 5 sec)**. Some pMDIs have a dose counter

[How to use a p MDI video](#)

Ideally all p MDIs should be used with a spacer\* to improve drug delivery to the lungs

[How can I tell if my inhaler is empty](#) Beat Asthma

(ALL young children should use p MDIs with a spacer\*)

Ensure ALL patients have an up to date **Personalised Asthma Action Plan (PAAP)** [Asthma + Lunk UK](#), [Beat asthma \(CYP resources\)](#)

### Short Acting Beta<sub>2</sub> Agonist (SABA) Reliever

### Inhaled Corticosteroid (ICS) Maintenance only

#### [Salamol® 100mcg p MDI](#) salbutamol

Licence for children and adults



NO dose counter.

[How can I tell if my inhaler is empty](#)  
[Beat Asthma](#)

Shelf life 3 years

#### [Clenil Modulite® pMDI](#)

Beclometasone **Carbon neutral**  
(only 50mcg & 100mcg licensed for children)



HAS a dose counter.

Counts in 20's to 0  
Shelf life 3 years  
50mcg, 100mcg, 200mcg, 250mcg

#### [Beclu® pMDI](#)

Beclometasone **Carbon neutral**  
(only 100mcg licensed for children)



HAS a dose counter.

Counts in 20's to 0  
Shelf life 24 months  
Only available as 100mcg, 200mcg

### Inhaled Corticosteroid (ICS) plus Long Acting Beta<sub>2</sub> Agonist (ICS / LABA) Maintenance OR [Maintenance and Reliever \(MART\)](#)

#### [Combisal® pMDI](#) Fluticasone propionate / salmeterol

Licence 50 / 25mcg ≥4yrs, 125 / 25mcg ≥12ys, 250 / 25mcg ≥12ys



NO dose counter.

[How can I tell if my inhaler is empty](#)  
[Beat Asthma](#)

Shelf life 24 months

**Fixed dose MAINTENANCE ONLY,  
NOT licensed for MART**

#### [Luforbec® p MDI](#)

**Extrafine** beclometasone / formoterol  
**Carbon neutral**



HAS a dose counter. Counts in 20's to 0

Shelf life 3 years

100 / 6mcg: ≥ 18yrs Maintenance or MART  
200 / 6mcg: ≥ 18yrs Maintenance only

#### [Bibecfo® p MDI](#)

**Extrafine** beclometasone / formoterol



HAS a dose counter. Counts in 1's to 0

Shelf life 21 months

100 / 6mcg: ≥ 18yrs Maintenance or MART  
200 / 6mcg: ≥ 18yrs Maintenance only

**\*SPACERS:** see **KM Bulletin 18 Inhaler Spacer Devices** for full details on formulary devices, comparisons and care of spacer ([click here for link](#))

















Use the same spacer for dose titration. A change in spacer may affect the dose delivered and may require dose adjustment.

Ensure device / mask is age appropriate and give spacer care advice. See [Rightbreathe.com](#) for more information on spacer compatibility

# Norfolk and Waveney Primary Care *Alternative* Inhalers for Asthma

Ensure the patient has a face-to-face assessment by a clinician with appropriate respiratory expertise

For more information and formulary status of all other devices see [NetFormulary - Respiratory chapter](#)

<b>Short Acting Beta<sub>2</sub> Agonist</b> <b>SABA Reliever</b>	<p><b><a href="#">Bricanyl Turbohaler® 500mcg</a></b> <i>Terbutaline - alternative drug content and DPI device Licence for children and adults</i></p>  <p>Has a dose counter Twist blue grip to prime. Shelf life 3 years <a href="#">Click here for video</a></p> 		
<b>Inhaled Corticosteroid</b>  <b>ICS Maintenance only</b>	<p><b><a href="#">Pulmicort Turbohaler®</a></b>  <i>Budesonide ≥ 5yrs</i>  Alternative device</p>  <p>Has a dose counter  Twist brown grip to prime  <a href="#">Click here for video</a>  Shelf life 24 months</p> 	<p><b><a href="#">Flixotide Accuhaler®</a></b>  <i>Fluticasone propionate ≥ 4yrs</i>  Alternative drug content and device</p>  <p>Has a dose counter  Slide lever to prime  <a href="#">Click here for video</a>  Shelf life 18 - 24 months</p> 	<p><b><a href="#">Flixotide 50mcg Evohaler®</a></b>  <i>Fluticasone propionate ≥ 4yrs</i>  Alternative drug content and device</p>  <p><b>NO dose counter.</b>  Ideally use with a spacer  (necessary for younger children)  Shelf life 24 months</p> 
<b>Inhaled Corticosteroid (ICS) plus Long Acting Beta<sub>2</sub> Agonist</b>  <b>ICS / LABA</b>  <b>See details for licenced indications</b>	<p><b><i>Alternative ICS / LABA DPI devices with budesonide / formoterol drug content</i></b></p> <div> <div data-bbox="472 818 1144 1090"> <p><b>*<a href="#">DuoResp Spiromax®</a></b></p> <p>Has a dose counter. Open inhaler cap to prime (clicks)  Shelf life 6 months <i>after opening foil wrapper</i>  <a href="#">Click here for video</a></p> <p>160mcg/4.5mcg: ≥ 12 years Maintenance, AIR or MART.  320mcg/9mcg: ≥ 12 years Maintenance only</p> </div> <div data-bbox="1144 818 1279 1026">  <p>DPI</p>  </div> </div> <div> <div data-bbox="1279 818 1951 1106"> <p><b>*<a href="#">Symbicort Turbohaler®</a></b></p> <p>Has a dose counter. Twist red grip to prime  Shelf life 3 years <a href="#">Click here for video</a></p> <p>100mcg / 6mcg: ≥ 6 years Maintenance only,  ≥ 12 years Maintenance or MART  200mcg / 6mcg: ≥ 12 years Maintenance, AIR or MART  400mcg / 12mcg: ≥ 12 years Maintenance only</p> </div> <div data-bbox="1951 818 2123 1058">  <p>DPI</p>  </div> </div> <p><b><i>ICS / LABA DPI devices with alternative drug content</i></b></p> <div> <div data-bbox="472 1153 1144 1425"> <p><b><a href="#">Fostair NEXThaler®</a></b>  <i>Extrafine beclometasone / formoterol Carbon neutral</i></p> <p>Has a dose counter Open the cover to prime  Shelf life 6 months <i>after opening</i> <a href="#">Click here for video</a></p> <p>100 / 6mcg: ≥ 18yrs Maintenance or MART  200 / 6mcg: ≥ 18yrs Maintenance only</p> </div> <div data-bbox="1144 1153 1279 1377">  <p>DPI</p>  </div> </div> <div> <div data-bbox="1279 1153 1951 1441"> <p><b><a href="#">Relvar Ellipta®</a></b> <i>Fixed Maintenance only, ONCE daily dose</i>  <i>Fluticasone furoate / vilanterol Licence</i></p> <p>Has a dose counter Open the cover to prime  (If you open and close without inhaling, the dose is lost)  Shelf life 6 weeks <i>after opening</i> <a href="#">Click here for video</a></p> <p>92 / 22mcg: ≥ 12 years Maintenance only  184 / 22mcg: ≥ 12 years Maintenance only</p> </div> <div data-bbox="1951 1153 2123 1393">  <p>DPI</p>  </div> </div>		