

## Norfolk & Waveney Agreed Fair Usage Policy Stoma Miscellaneous Appliances

This policy has been developed in collaboration with Clinical Nurse Specialists at The Queen Elizabeth Hospital King's Lynn, The Norfolk & Norwich University Hospital, The James Paget University Hospital and local community stoma nurses.

- New products/samples should ONLY be initiated by Hospital/Community Stoma Team.
- Retrospective & prospective prescription requests for new items from dispensers should be declined eg samples provided to patients as they may not be clinically appropriate.
- GP Practices should ensure they have written confirmation from a Hospital/Community nurse prior to issuing a prescription.
- Please ensure double quantity prescriptions are not released for holiday seasons.

| Hospital Trust Stoma Team                           | Community Stoma Team                        |
|---|---|
| James Paget Hospital, Great Yarmouth: 01493 452427  | North Norfolk: 07850 644468<br>07976 285223 |
| Norfolk & Norwich University Hospital: 01603 286441 | <b>Norwich:</b> 07923232812                 |
| Queen Elizabeth Hospital King's Lynn:               | <b>South Norfolk:</b> 07841 913145          |
| qehkl-tr.stomacaredept@nhs.net                      | 07976 285223                                |
| 01553 613234 or 01553 613613 Bleep 3645 or 3544     | West Norfolk: 01553 613234                  |

## For further details on prescribing for patients with stomas please see:

- KM Bulletin 19: Prescribing for Stoma Patients
- KM Bulletin 20: Stoma Bags
- KM Bulletin 21: Stoma Accessories
- NHS Norfolk & Waveney ICS Stoma Prescription Pathway



| Type of Appliance                         | Agreed products<br>in Norfolk & Waveney<br>(Ensure correct specific code<br>prescribed)  | Recommended Quantities  |  |
|---|--|---|--|
|   | Sprays are more cost effective than wipes. Generally, prescribe one type but might need occasional both spray/wipes as directed by stoma nurse.  |   |  |
| Adhesive<br>Removers Sprays               | Lift Plus <b>360</b> Citrus Lift Plus <b>360</b> Salts CliniPeel No sting *Refresh 3 in 1  *Refresh 3 in 1  *Solution *Total State of the state o | 1 bottle per 30 pouches  Multiple stomas will need double amount.  *For patients who also need a barrier film |  |
| Adhesive                                  | Wipes may be more suitable for people  | with poor dexterity or two-piece stoma bags.  |  |
| Remover Wipes                             | Lifteez 60321<br>Salts wipes WAP2  | 1 single wipe per pouch (1 box per 30 pouches)  |  |
|   | Short-term use only via Clinical Nurse Spreparations are on specialist advice.   | Specialist (usually 3 months) All barrier   |  |
| Barrier Wipes<br>(films, foams<br>sticks) | Medicare Derma S wipes 60307 Salts wipes PPS1 Guard non-sting film sachets RMC3 Independence Fusion applicator BW2   | One pack for every 30 bags based on clinical need as assessed by Nurse BW2 not to be routinely used           |  |
|   | For peri-anal soreness, anal dilation soreness, peristomal breakdown.  |   |  |
| Barrier Sprays                            | Pelican Platinum with Vit E Cavilon pump spray 28ml  130200E 3346P   | 1 bottle per 30 bags  |  |
|   | For mucocutaneous hypersensitivity, Cancer patients & complex dermatological conditions.  The ICB does NOT support the prescribing of SACHETS these are classified on the traffic light system as BLACK i.e., not for primary care prescribing.  |   |  |
| Other Barriers e.g. creams                | Medi Derma-S Barrier Cream 90g <b>60345</b> Pelican Barrier cream 60g <b>130100E</b> Guard Barrier Cream 60g <b>RMC1</b>   | As per clinical letter  |  |
|   | Sometimes described as thickening gels. Consider second and third line in patients with chemotherapy induced diarrhoea, jejunostomy  |   |  |
| Discharge<br>Solidifying gels             | Convatec Diamond Sachets <b>TR105</b> Absorb Neutralising sachets <b>PFW6</b>  | 1 box per 30 bags.  |  |
| luviantina 1/:                            | Complete kits provided by Trust Stoma nurses. GP to prescribe replacement accessories.   |   |  |
| Irrigation Kits accessories               | Coloplast OR Dansac including accessories  | These should last up to 6 months. Please refer to spiel above   |  |
| Lubricating gels                          | Lubricating deodorising gels via clinical nurse specialist. These are used as a lubricant, not deodoriser as they help to reduce pancaking. The ICB does not support the prescribing of the sachets  |   |  |



|                         | Brava lubricating Bottle<br>Adapt  | 12061<br>78500                   | 1 bottle lasts approximately 3 months |
|-------------------------|--|----------------------------------|---------------------------------------|
| Seals /Barrier<br>Rings | These are mouldable and help prevent leaks. PS Check to see if still needed before issuing a repeat prescription |                                  |                                       |
|                         | Brava A  | II codes<br>II codes<br>II codes | 30 per month i.e.one per pouch        |

| Type of Appliance   | Agreed products for FP10<br>in Norfolk & Waveney<br>(Ensure correct specific code prescribed)   |  | Recommended Quantities                           |  |
|---------------------|---|--|--|--|
|                     |   |  |  |  |
| Stoma Powder        | Orahesive Powder  | S106   | As per Specialist recommendation from Stoma Team |  |
|                     | Pastes are used to create an e good seal and helps to preven  |  | mediately next to the stoma this gives a         |  |
| Stoma Paste         | Convatec Paste<br>Salts<br>Dansac Soft Paste  | S105<br>NSP1<br>77550-0                      | As per Specialist recommendation from Stoma Team |  |
| Support Wear        | Levels 2- 3 belts are supported by the ICB. These should only be prescribed following an assessment by Clinical Nurse Specialist.  The ICB does not support the prescribing of Level 1 support undergarments or vests |  |  |  |
|                     | All Brands  |  | Maximum 3 per year                               |  |
| Flange extenders    | Genii (Trio) Flange Extender<br>Brava Elastic Tape<br>Respond comfort flange extende  | TR1060<br>All codes<br>er All codes          | Amount as per clinical letter                    |  |
|                     | The ICB does not support the prescribing of flushable bags  |  |  |  |
| lleostomy bags      | Drainable bags  |  | 20-30 bags per month                             |  |
|                     | The ICB does not support the  | ot support the prescribing of flushable bags |  |  |
| Colostomy bags      | Non-drainable bags  |  | Up to 90 bags per month                          |  |
|                     | The ICB does not support the prescribing of flushable bags  |  |  |  |
| Urostomy bags       | These are drainable & will need matching manufacturer's night drainable bags (see below)  |  | 20-30 bags per month                             |  |
|                     | This information is relevant for urostomy patients, not continence  |  |  |  |
| Night drainage bags | Matching Manufacturers (see above)  |  | 5 bags per month.                                |  |
|                     |   |  |  |  |



| Stoma caps  | All brands | 30 caps per month  |  |
|---|------------|--|--|
| Anal Plugs  | All brands | 30 plugs per month   |  |
| NHS Norfolk & Waveney ICB does NOT support the prescribing of the following items |            |  |  |
| Deodorants  |            | ALL aerosols and odourising drops  |  |
| General Skin Cleansers / Liquids  |            | ALL - Patients should use warm water and soap to clean their hands and area around stoma or should purchase as per the NHS self-care agenda. |  |
| Bag covers  |            | ALL bag covers   |  |

| Title                       | Stoma Miscellaneous Appliances, Agreed Fair Usage Polcy  |  |  |
|-----------------------------|--|--|--|
| Description of policy       | To inform healthcare professionals   |  |  |
| Scope                       | NHS Norfolk & Waveney Integrated Care System   |  |  |
| Prepared by                 | Medicines Optimisation Team  |  |  |
| Evidence base / Legislation | Level of Evidence: A. based on national research-based evidence and is considered best evidence B. mix of national and local consensus C. based on local good practice and consensus in the absence of national research based information.  D. National Drug Tariff |  |  |
| Dissemination               | Is there any reason why any part of this document should not be available on the public website? ☐ Yes / No ☒  |  |  |
| Approved by                 | Head of Clinical Experience & Delivery   |  |  |
| Authorised by               |  |  |  |
| Review date and by whom     | Medicines Optimisation Team  |  |  |
| Date of issue               | October 2024   |  |  |

| Version | Date          | Author             | Status          | Comment   |
|---------|---------------|--------------------|-----------------|---|
| Version | Date          | Author             | Status          | Comment   |
| 1       | April<br>2021 | KB – MO team NWICB | Approved by TAG |   |
| 2       | Jan 2024      | KB – MO team NWICB |                 | Medicare Lifteez 60833: Prescribe for historical repeats. |



|   |          |  |       | Deleted: Orabase Paste as discontinued   |
|---|----------|--|-------|--|
|   |          |  |       | Name Change : Silex Silicone Flange<br>TR1060 is now known as Genii Flange<br>Extender |
| 3 | Dec 2024 | Clinical Experience and Delivery Team, NWICB | Final | Product updates – supported by PFG and TAG   |
| 4 | Jan 2025 | As above                                     | final | Wording updates  |
|   |          |  |       |  |
|   |          |  |       |  |