NWICB Tracheostomy & Laryngectomy Fair Usage Policy (FUP)

Appliance	Description of Appliance	Quantity	Appliance code	
		Allowed		
PROVOX VOICE PROSTHESIS	ACCESSORIES			
Voice Prosthesis Standard brush	The brush cleans the lumen and the valve of the voice prothesis	6 every 2 months (1 pack)	7204	
Voice Prosthesis XL Brush		6 every 2 months (1 pack)	7225	
PROVOX/PROVOX LIFE ADHESIVES Any combination of the following				
PROVOX LIFE STANDARD	An everyday adhesive that provides a	60 adhesives a month (2 packs)	Round 7460	
	strong seal around the stoma and		Oval 7461	
	houses the HME		Plus 7462	
PROVOX LIFE SENSITIVE	An everyday adhesive that provides a	60 adhesives a	Round 7463	
	strong seal around the stoma, housing	month (2 packs)	Oval 7464	
	the HME, for sensitive skin		Plus 7466	
PROVOX LIFE NIGHT	Night adhesive allows the skin to recover while you sleep. A skin-friendly hydrogel adhesive that soothes and cools the skin and houses the HME60 ad mont		8261	
PROVOX LIFE STABILITY	Stability is a firm everyday adhesive that provides solidity, especially if the stoma is deep. It is an ideal adhesive for those who speak frequently or speak hands- free.	60 adhesives a month (4 packs)	8263	
PROVOX FLEXIDERM		60 adhesives a month (3 packs)	Round 7253	
	An everyday adhesive that provides a		Oval 7254	
	strong seal around the stoma and houses the HME		Plus 7331	
PROVOX OPTIDERM	An everyday adhesive for when the skin	60 adhesives a month (3 packs)	Round 7255	
	feels sore or irritated often used		0	
	immediately after surgery or radiotherapy		Oval 7256	
			Plus 7332	
PROVOX LUNA	comfortably, soothe skin, and improve month (4 packs) lung health Luna adhesive is ONLY compatible with Luna HME		8014	
PROVOX STABILIBASE	A strong adhesive, gives better stability for deep stomas or when speaking a lot during the day or when speaking with a hands-free HME	60 adhesives a month (4 packs)	7289	
PROVOX STABILIBASE OPTIDERM	As above but use if the skin is sensitive	60 adhesives a month (4 packs)	7318	
PROVOX XTRABASE	A strong adhesive, designed for deep stomas or when speaking a lot during the day or when speaking with a hands-free HME	60 adhesives a month (3 packs)	7265	

LARYNGECTOMY - List of items and quantities to prescribe

Provox LaryTube Standard/	A soft silicone laryngectomy tube that	Maximum 4 per	Assorted
enestrated with or without ring	maintains the opening of the	year	sizes and
Provox Life Larytube Standard/	tracheostoma and houses the HME Also	,	codes
enestrated with or without ring	available in fenestrated variant to allow		
, i i i i i i i i i i i i i i i i i i i	ease of voicing if the patient has a voice		
	prosthesis. Tubes with rings allow them		
	to be used in conjunction with an		
	adhesive. Can be secured with a collar or		
	LaryClips		
Provox LaryButton	A silicone stoma button that used to	Maximum 4 per	Assorted
Provox Life LaryButton	maintain the stoma and houses the HME.	year	sizes and codes
	Can be used by itself or secured with a collar or LaryClips		codes
Provox LaryClip	An alternative to the tube holder with	8 clips/40 pads	7669
	adhesives and clips to hold a tube or	per month	
	button in place	(1 pack)	
SpiroTect Two-Piece Tube	Use to secure a Larytube and	30 per month	PTA201
Holder	LaryButton. Suitable for users with	(3 packs)	
	sensitive skin around the stoma that		
	cannot tolerate an adhesive baseplate		
Provox Tube Swabs	For cleaning LaryTubes and LaryButtons	100 per month	Small 8250
		(2 packs)	Medium 825
			Large 8252
			Extra Large
			8258
	MOISTURE EXCHANGERS (HMEs)		8258
PROVOX LIFE/PROVOX HEAT			8258
	ing:	60 every month	8258
Any combination of the follow		60 every month (2 packs)	
Any combination of the follow	ing: Has the highest humidification level of		
Any combination of the follow	Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night.	(2 packs)	8311
Any combination of the follow	Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night. Easier to breathe when out and about	(2 packs) 60 every month	
Any combination of the follow Provox Life Home Provox Life Go	 Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night. Easier to breathe when out and about engaging in activities 	(2 packs) 60 every month (2 packs)	8311 8310
Any combination of the follow Provox Life Home Provox Life Go	Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night. Easier to breathe when out and about	(2 packs) 60 every month (2 packs) 60 every month	8311
Any combination of the follow Provox Life Home Provox Life Go Provox Life Energy	 Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night. Easier to breathe when out and about engaging in activities For physical activity 	(2 packs) 60 every month (2 packs) 60 every month (2 packs)	8311 8310 8312
Any combination of the follow Provox Life Home Provox Life Go Provox Life Energy	 Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night. Easier to breathe when out and about engaging in activities For physical activity Helps reduce coughing and mucus 	(2 packs) 60 every month (2 packs) 60 every month (2 packs) 60 every month	8311 8310
Any combination of the follows Provox Life Home Provox Life Go Provox Life Energy Provox Life Night	ing:Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night.Easier to breathe when out and about engaging in activities For physical activityHelps reduce coughing and mucus production for restful nights	(2 packs) 60 every month (2 packs) 60 every month (2 packs) 60 every month (2 packs)	8311 8310 8312 8262
Any combination of the follows Provox Life Home Provox Life Go Provox Life Energy	ing:Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night.Easier to breathe when out and about engaging in activitiesFor physical activityHelps reduce coughing and mucus production for restful nightsExtra protection when travelling or	 (2 packs) 60 every month 	8311 8310 8312
Any combination of the follows Provox Life Home Provox Life Go Provox Life Energy Provox Life Night	ing:Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night.Easier to breathe when out and about engaging in activitiesFor physical activityHelps reduce coughing and mucus production for restful nightsExtra protection when travelling or spending time outdoors. Effectively filters	(2 packs) 60 every month (2 packs) 60 every month (2 packs) 60 every month (2 packs)	8311 8310 8312 8262
Any combination of the following Provox Life Home Provox Life Go Provox Life Energy Provox Life Night Provox Life Protect	ing:Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night.Easier to breathe when out and about engaging in activitiesFor physical activityHelps reduce coughing and mucus production for restful nightsExtra protection when travelling or spending time outdoors. Effectively filters bacteria, viruses, dust, and pollen	 (2 packs) 60 every month (4 packs) 	8311 8310 8312 8262 8313
Any combination of the following Provox Life Home Provox Life Go Provox Life Energy Provox Life Night Provox Life Protect	ing:Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night.Easier to breathe when out and about engaging in activitiesFor physical activityHelps reduce coughing and mucus production for restful nightsExtra protection when travelling or spending time outdoors. Effectively filters	 (2 packs) 60 every month 	8311 8310 8312 8262
Any combination of the following Provox Life Home Provox Life Go Provox Life Energy Provox Life Night Provox Life Protect Provox XtraMoist	Image: Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night. Easier to breathe when out and about engaging in activities For physical activity Helps reduce coughing and mucus production for restful nights Extra protection when travelling or spending time outdoors. Effectively filters bacteria, viruses, dust, and pollen For at-home activities that do not require	 (2 packs) 60 every month (4 packs) 60 every month 	8311 8310 8312 8262 8313
Any combination of the following Provox Life Home Provox Life Go Provox Life Energy Provox Life Night Provox Life Protect Provox XtraMoist Provox XtraFlow	ing:Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night.Easier to breathe when out and about engaging in activities For physical activityHelps reduce coughing and mucus production for restful nightsExtra protection when travelling or spending time outdoors. Effectively filters bacteria, viruses, dust, and pollenFor at-home activities that do not require deep breathing. Can be used at night.Makes it easier to breathe during the day when physically active	 (2 packs) 60 every month (4 packs) 60 every month (2 packs) 60 every month (2 packs) 60 every month (2 packs) 	8311 8310 8312 8262 8313 7290 7291
Any combination of the following Provox Life Home Provox Life Go Provox Life Energy Provox Life Night Provox Life Protect Provox XtraMoist Provox XtraFlow	ing:Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night.Easier to breathe when out and about engaging in activitiesFor physical activityHelps reduce coughing and mucus production for restful nightsExtra protection when travelling or spending time outdoors. Effectively filters bacteria, viruses, dust, and pollenFor at-home activities that do not require deep breathing. Can be used at night.Makes it easier to breathe during the day when physically activeA nighttime solution designed to help	 (2 packs) 60 every month (4 packs) 60 every month (2 packs) 	8311 8310 8312 8262 8313 7290
Any combination of the follows Provox Life Home Provox Life Go Provox Life Energy Provox Life Night	ing:Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night.Easier to breathe when out and about engaging in activitiesFor physical activityHelps reduce coughing and mucus production for restful nightsExtra protection when travelling or spending time outdoors. Effectively filters bacteria, viruses, dust, and pollenFor at-home activities that do not require deep breathing. Can be used at night.Makes it easier to breathe during the day when physically activeA nighttime solution designed to help with a comfortable sleep. Can only be	 (2 packs) 60 every month (4 packs) 60 every month (2 packs) 60 every month (2 packs) 60 every month (2 packs) 	8311 8310 8312 8262 8313 7290 7291
Any combination of the following Provox Life Home Provox Life Go Provox Life Energy Provox Life Night Provox Life Protect Provox XtraMoist Provox XtraFlow	Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night. Easier to breathe when out and about engaging in activities For physical activity Helps reduce coughing and mucus production for restful nights Extra protection when travelling or spending time outdoors. Effectively filters bacteria, viruses, dust, and pollen For at-home activities that do not require deep breathing. Can be used at night. Makes it easier to breathe during the day when physically active A nighttime solution designed to help with a comfortable sleep. Can only be used in conjunction with Luna	 (2 packs) 60 every month (4 packs) 60 every month (2 packs) 	8311 8310 8312 8312 8262 8313 7290 7291
Any combination of the following Provox Life Home Provox Life Go Provox Life Energy Provox Life Night Provox Life Protect Provox XtraMoist Provox XtraFlow Provox Luna	Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night. Easier to breathe when out and about engaging in activities For physical activity Helps reduce coughing and mucus production for restful nights Extra protection when travelling or spending time outdoors. Effectively filters bacteria, viruses, dust, and pollen For at-home activities that do not require deep breathing. Can be used at night. Makes it easier to breathe during the day when physically active A nighttime solution designed to help with a comfortable sleep. Can only be used in conjunction with Luna adhesive.	 (2 packs) 60 every month (4 packs) 60 every month (2 packs) 	8311 8310 8312 8312 8262 8313 7290 7291 8013
Any combination of the following Provox Life Home Provox Life Go Provox Life Energy Provox Life Night Provox Life Protect Provox XtraMoist Provox XtraFlow	Image: Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night. Easier to breathe when out and about engaging in activities For physical activity Helps reduce coughing and mucus production for restful nights Extra protection when travelling or spending time outdoors. Effectively filters bacteria, viruses, dust, and pollen For at-home activities that do not require deep breathing. Can be used at night. Makes it easier to breathe during the day when physically active A nighttime solution designed to help with a comfortable sleep. Can only be used in conjunction with Luna adhesive. Electrostatic filter reduces the inhalation	 (2 packs) 60 every month (4 packs) 60 every month (2 packs) 	8311 8310 8312 8312 8262 8313 7290 7291
Any combination of the following Provox Life Home Provox Life Go Provox Life Energy Provox Life Night Provox Life Protect Provox XtraMoist Provox XtraFlow Provox Luna	Has the highest humidification level of the daytime HMEs, for at-home activities that do not require deep breathing. Can be used at night. Easier to breathe when out and about engaging in activities For physical activity Helps reduce coughing and mucus production for restful nights Extra protection when travelling or spending time outdoors. Effectively filters bacteria, viruses, dust, and pollen For at-home activities that do not require deep breathing. Can be used at night. Makes it easier to breathe during the day when physically active A nighttime solution designed to help with a comfortable sleep. Can only be used in conjunction with Luna adhesive.	 (2 packs) 60 every month (4 packs) 60 every month (2 packs) 	8311 8310 8312 8312 8262 8313 7290 7291 8013

Provox Cleaning Towel	Ieaning Towel To clean around the stoma before putting adhesive on. Alcohol based and non-perfumed		7244
Provox Adhesive Remover Wipes	ox Adhesive Remover Used for taking off the adhesive and		8012
Provox Skin Barrier	A special wipe that leaves a protective layer on the skin. Protects when using adhesives	(1 pack) 50 every month (1 pack)	8011
Non-Sterile Gauze swabs 4 ply	Used for cleaning the stoma and tubes/buttons	100 every month (1 pack)	10x10cm Spec 28
Opti Lube	Lubricating jelly used when inserting2 per monthLaryTubes and LaryButtons into the stoma2		42g tube 1121
Provox Silicone Glue	Can be used to achieve an extra secure seal with baseplates, particularly when using a hands-free device	2 per month	7220
Laryngofoam	Small foam square worn over the stoma to provide protection and humidity	60 per month (2 packs)	51mmx62mm LALFF0003 63mmx65mm LALFF0023
Buchanan Stoma Protector	Foam bib style stoma protector providing some humidity and filtration. Can be washed up to 3 times.	20 per month (2 packs)	Small BUP0002 Large BUP0001
Showers Aids	Protects the stoma from water ingress when showering. Can be clipped into an adhesive or LaryTube/Button. Provox Luna Shower Aid can only be used with Provox Luna adhesive .	Maximum 4 per year	Provox Shower Aid 7260 Provox Life Shower Aid 8308 Provox Luna Shower Aid 8016
PROVOX FREEHANDS FLEXIV	OICE		
Provox FreeHands FlexiVoice	Gives the ability to speak hands free in conjunction with a voice prosthesis. Different strengths depend how much airflow and pressure required for breathing and speaking. Can also use finger occlusion.	Maximum 4 per year	Light 8161 Medium 8162 Strong 8163 XtraStrong 8166
Provox FreeHands HME Moist			Flow 8221 Moist 8220
Provox Life FreeHands HME	Heat and moisture exchanger HME to be used specifically in conjunction with Provox FreeHands FlexiVoice and Provox Life Adhesives	60 a month (2 packs) 7440	
PROVOX FREEHANDS FLEXIV			
Provox FreeHands Support	To reduce stoma movement and improve voice quality when speaking hands-free		
Provox FreeHands Support Adhesive Two-part system using the Provo hands support and support adhe Provides extra support to the sto adhesive baseplate during hand speech		30 per month (2 packs)	8024

Appliance	Description of Appliance	Quantity Allowed	Appliance code	
Cavilon lollipop	Used to protect from pressure damage with tracheostomy tubes and can be used around laryngectomy stomas to protect the skin	6 boxes of 5x1ml a month	3343P	
Irripod sodium chloride 0.9% irrigation solution	Used to clean around tracheostomy stoma	2 boxes of 25x 20ml a month	NOR206B	
Opti lube			1120	
TRACHEOSTOMY HMEs				
Provox TrachPhone cassette	For airway humidification	30 per month (1 pack)	7707	
FreeVent XtraCare	For airway humidification and increased virus protection	30 per month	White 7767	
FreeVent XtraCare	For airway humidification and increased virus protection	(1 pack)	Blue 7768	
FreeVent XtraCare	Paediatric airway humidification	30 per month	Mini White 8004	
FreeVent XtraCare	Paediatric airway humidification	(1 pack)	Mini Blue 8005	
FreeVent XtraCare	Paediatric airway humidification		Mini Pink 8006	
FreeVent 2-piece Velcro (Neck band)	2-piece Velcro (Neck Secure Velcro for adult and paediatric 30 per mo tracheostomy patients (3 packs)		Large 1662	
FreeVent 1 piece twill ties (Neck band)	Secure Velcro for adult and paediatric tracheostomy patients	30 per month	Small 1651	
FreeVent 1 piece twill ties (Neck band)	Secure Velcro for adult and paediatric tracheostomy patients	(3 packs)	Large 1661	
Non-Sterile Gauze swabs 4 ply	Used for cleaning around tracheostomy site	100 per month (1 pack)	10x10cm Spec 28	
TRACHEOSTOMY DRESSINGS				
Trachi-Dress 60mm x 82mm	Dressing for around tracheostomy tube	ostomy tube 40 per month (2 packs)		
Trachi-Dress 80mm x100mm	Dressing for around tracheostomy tube		Large TRDRE1002	
Advadraw Tracheostomy Dressing	heostomy Dressing for around tracheostomy tube		CR4416	
Advazorb Lite Trachi dressing	(2 packs) Thicker tracheostomy dressing 40 per month CR4212 (2 packs) (2 packs)		CR4212	
Advazorb Plus Trachi dressing	Thicker tracheostomy dressing	40 per month (2 packs)	CR3900	

TRACHEOSTOMY – List of items allowed and quantities to prescribe

Title	NWICB Tracheostomy & Laryngectomy Fair Usage Policy		
Description of policy	To inform healthcare professionals within NHS Norfolk & Waveney Integrated Care System		
Prepared by	Medicines Optimisation team in collaboration with the Speech and Language Therapist (SLT) team and Tracheostomy Team at Norfolk and Norwich University Hospitals.		
Evidence base / Legislation	Level of Evidence:A.based on national research-based evidence and is considered best evidenceB.mix of national and local consensusC.based on local good practice and consensus in the absence of national research-basedinformation and product descriptionsD.National Drug Tariff		
Dissemination	Is there any reason why any part of this document should not be available on the public website? \Box Yes / No $igtimes$		
Approved by	Prescribing Formulary Group, Therapeutics Advisory Group – Dec 2024		
Authorised by	PFG and TAG		
Review date and by whom	Medicines Optimisation Team – Dec 2025		
Date of issue	Dec 2024		

Version	Date	Author	Status	Comment
0.1	Oct 2024	Clinical Experience and Delivery Team	Draft	For TAG discussion and approval
1.0	Dec 2024	As above	Final	Supported by PFG and TAG