

Who we are and what we do

NIHCSS is a partnership between Together for Mental Wellbeing and St Martins Housing Trust supporting people with complex and enduring mental health needs across Norfolk with a recovery-focused approach. Our service is run as a psychologically informed environment, taking into account the psychological and emotional needs of both our service users and staff.

We ensure that the people who use our services are at the heart of everything we do and champion service user leadership. We work alongside our service users to develop strengths and skills to become independent, take control of their lives and futures.

The service works with people to identify goals, leading to improved outcomes and mental well-being. We have a number of supported housing services in Norwich, Great Yarmouth and King's Lynn. We also provide a Community Outreach Service.

We support individual to achieve...

Hope and self-belief

Independent living skills

Accessing community resources

Choice, control and autonomy



01603 305321

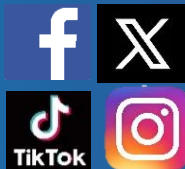


norfolk-support@together-uk.org



<https://www.together-uk.org/>

nihcssMH



NIHCSS

Norfolk Integrated Housing
and Community Support Service

Support for adults aged 18+ experiencing severe and enduring mental health in Norfolk



- ❖ Community Outreach
- ❖ Supported-Living
- ❖ Housing support

NIHCSS is a part of Together and is delivered in partnership with St Martins

together
FOR MENTAL WELLBEING



St Martins
more than a home
for the homeless

OUR SUPPORT

1. Community Outreach support

Our community outreach teams work in a person-centred way, supporting people to identify, work towards and achieve their individual goals. Areas that we can support with include:



- Managing and maintaining accommodation
- Support with daily living skills
- Claiming benefits, budgeting and debts
- Improving health and well being
- Making connections with the local community
- Engaging with health services
- Accessing community resources
- Exploring opportunities for work and education

REFERRALS

Please contact Norfolk County Council Adult Mental Health Social Services, Preparing for Adult Lives (PFAL) or Eating Disorder Team.

OUR SUPPORT

2. Supported-living service



Our supported living services are located within Norwich, Wymondham, Great Yarmouth and King's Lynn. The support will be tailored to the needs of the individual Service User and detailed in a personal support plan. Support will be both direct and indirect.

Each placement is panel funded following an assessment by the Social Care Team.

REFERRALS

Please contact Norfolk County Council Adult Mental Health Social Services, Preparing for Adult Lives (PFAL) or Eating Disorder Team.

3. Housing related support



Support to access appropriate housing routes with focus on risk of homelessness including people who are temporarily admitted to hospital, or about to be discharged from hospital.

Service Users need to be under a CMHT.

REFERRALS

Please contact Norfolk and Suffolk NHS Foundation Trust (NSFT) Crisis, Community Mental Health Team or Acute Ward service users or Norfolk County Council Adult Mental Health or Eating Disorder Social Services.