



Summary of antimicrobial prescribing guidance – managing common infections with local amendments for Norfolk & Waveney STP - March 2024


- Fluoroquinolone antibiotics: In January 2024, the MHRA published a Drug Safety Update on fluoroquinolone antibiotics. These must now only be prescribed when other commonly recommended antibiotics are inappropriate. Stakeholders are assessing the impact of this warning on recommendations in the relevant guidance. See BNF for appropriate use and dosing in specific populations, for example, hepatic impairment, renal impairment, pregnancy and breastfeeding.



Key:   Click to access doses for children  Click to access NICE's printable visual summary




Jump to section on:

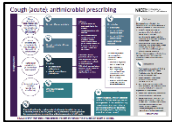

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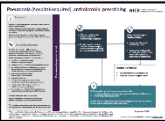

Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
Upper respiratory tract infections						
Acute sore throat NICE Public Health England Last updated: Feb 2023	Advise paracetamol, or if preferred and suitable, ibuprofen for pain. Medicated lozenges may help pain in adults. Use FeverPAIN or Centor to assess symptoms: FeverPAIN 0-1 or Centor 0-2: no antibiotic; FeverPAIN 2-3: no or back-up antibiotic; FeverPAIN 4-5 or Centor 3-4: immediate or back-up antibiotic. Systemically very unwell or high risk of complications: immediate antibiotic. *5 days of phenoxymethylpenicillin may be enough for symptomatic cure; but a 10-day course may increase the chance of microbiological cure. For detailed information click the visual summary icon.	First choice: phenoxymethylpenicillin	500mg QDS or 1000mg BD		5 days*	
		Penicillin allergy: clarithromycin OR	250mg to 500mg BD		5 days	
		erythromycin (if macrolide needed in pregnancy; consider benefit/harm)	250mg to 500mg QDS or 500mg to 1000mg BD		5 days	


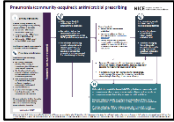
Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
Influenza Last updated: June 2023 Status: Under review	For management guidance please refer to UKHSA guidance on Influenza: treatment and prophylaxis using anti-viral agents .					
Acute otitis media NICE UK Health Security Agency Last updated: March 2022	Regular paracetamol or ibuprofen for pain (right dose for age or weight at the right time and maximum doses for severe pain). Consider ear drops containing an anaesthetic and an analgesic for pain if an immediate antibiotic is not given and there is no ear drum perforation or otorrhoea. Otorrhoea or under 2 years with infection in both ears: no, back-up or immediate antibiotic. Otherwise: no or back-up antibiotic. Systemically very unwell or high risk of complications: immediate antibiotic. <i>For detailed information click on the visual summary.</i>	First choice: amoxicillin Penicillin allergy: clarithromycin OR erythromycin (if macrolide needed in pregnancy; consider benefit/harm)	-	-	5 to 7 days 5 to 7 days	
Acute otitis externa Last updated: June 2023 Status: Under review	For management guidance please refer to NICE/Clinical Knowledge Summaries: Otitis externa					

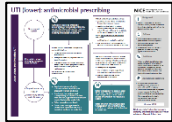
Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
Scarlet fever (GAS) Last updated: June 2023 Status: Under review	For management guidance please refer to NICE/Clinical Knowledge Summaries: Scarlet Fever					
Sinusitis NICE UK Health Security Agency Last updated: Oct 2017	Advise paracetamol or ibuprofen for pain. Little evidence that nasal saline or nasal decongestants help, but people may want to try them. Symptoms for 10 days or less: no antibiotic. Symptoms with no improvement for more than 10 days: no antibiotic or back-up antibiotic depending on likelihood of bacterial cause. Consider high-dose nasal corticosteroid (if over 12 years). Systemically very unwell or high risk of complications: immediate antibiotic. <i>For detailed information click on the visual summary.</i>	First choice: phenoxymethylpenicillin	500mg QDS		5 days	
		Penicillin allergy: doxycycline (not in under 12s) OR	200mg on day 1, then 100mg OD		5 days	
		clarithromycin OR erythromycin (if macrolide needed in pregnancy; consider benefit/harm)	500mg BD 250 to 500mg QDS or 500 to 1000mg BD			
		Second choice or first choice if systemically very unwell or high risk of complications: co-amoxiclav	500/125mg TDS		5 days	
▼ Lower respiratory tract infections						
COVID-19 NICE Last updated: December 2021	Antibiotics should not be used for preventing or treating COVID-19 unless there is clinical suspicion of additional bacterial co-infection. Do not use azithromycin to treat COVID-19. Do not use doxycycline to treat COVID-19 in the community. Do not offer an antibiotic for preventing secondary bacterial pneumonia in people with COVID-19. If a person in the community has suspected or confirmed secondary bacterial pneumonia, start antibiotic treatment as soon as possible, see community-acquired pneumonia for choices. In hospital, start empirical antibiotics if there is clinical suspicion of a secondary bacterial infection in people with COVID-19, see hospital-acquired pneumonia for choices. Start antibiotics as soon as possible after establishing a diagnosis of secondary bacterial pneumonia, and certainly within 4 hours. Start treatment within 1 hour if the person has suspected sepsis and meets any of the high-risk criteria for this outlined in the NICE guideline on sepsis . <i>For detailed information, see the NICE guideline on managing COVID-19.</i>					

Infection	Key points	Medicine	Doses		Length	Visual summary		
			Adult	Child				
Acute exacerbation of COPD NICE UK Health Security Agency Last updated: Dec 2018	Many exacerbations are not caused by bacterial infections so will not respond to antibiotics. Consider an antibiotic, but only after taking into account severity of symptoms (particularly sputum colour changes and increases in volume or thickness), need for hospitalisation, previous exacerbations, hospitalisations and risk of complications, previous sputum culture and susceptibility results, and risk of resistance with repeated courses. Some people at risk of exacerbations may have antibiotics to keep at home as part of their exacerbation action plan. <i>For detailed information click on the visual summary. See also the NICE guideline on COPD in over 16s.</i>	First choice: amoxicillin OR	500mg TDS (see BNF for severe infection)	-	5 days			
		doxycycline OR	200mg on day 1, then 100mg OD (see BNF for severe infection)	-				
		clarithromycin	500mg BD	-				
		Second choice: use alternative first choice		Alternative choice (if person at higher risk of treatment failure): co-amoxiclav OR consult microbiology	500/125mg TDS		-	5 days
							-	
							-	
IV antibiotics (click on visual summary)								
Acute exacerbation of bronchiectasis (non-cystic fibrosis) NICE UK Health Security Agency	Send a sputum sample for culture and susceptibility testing. Offer an antibiotic. When choosing an antibiotic, take account of severity of symptoms and risk of treatment failure. People who may be at higher risk of treatment failure include people who've had repeated courses of antibiotics, a previous sputum culture with resistant or atypical bacteria, or a higher risk of developing complications. Course length is based on severity of bronchiectasis, exacerbation history, severity of exacerbation symptoms, previous culture and susceptibility results, and response to treatment. Do not routinely offer antibiotic prophylaxis to prevent exacerbations.	First choice empirical treatment: amoxicillin (preferred if pregnant) OR	500mg TDS		7 to 14 days			
		doxycycline (not in under 12s) OR	200mg on day 1, then 100mg OD					
		clarithromycin	500mg BD					
		Alternative choice (if person at higher risk of treatment failure) empirical treatment: co-amoxiclav OR seek specialist advice		500/125mg TDS	7 to 14 days			
				500mg OD or BD				
				-				
IV antibiotics (click on visual summary)								

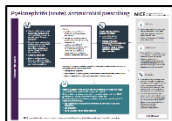
Infection	Key points	Medicine	Doses		Length	Visual summary	
			Adult	Child			
Last updated: Dec 2018	Seek specialist advice for preventing exacerbations in people with repeated acute exacerbations. This may include a trial of antibiotic prophylaxis after a discussion of the possible benefits and harms, and the need for regular review. <i>For detailed information click on the visual summary.</i>	When current susceptibility data available: choose antibiotics accordingly					
NICE UK Health Security Agency Last updated: Feb 2019	Some people may wish to try honey (in over 1s), the herbal medicine pelargonium (in over 12s), cough medicines containing the expectorant guaifenesin (in over 12s) or cough medicines containing cough suppressants, except codeine, (in over 12s). These self-care treatments have limited evidence for the relief of cough symptoms. Acute cough with upper respiratory tract infection: no antibiotic. Acute bronchitis: no routine antibiotic. Acute cough and higher risk of complications (at face-to-face examination): immediate or back-up antibiotic. Acute cough and systemically very unwell (at face to face examination): immediate antibiotic. Higher risk of complications includes people with pre-existing comorbidity; young children born prematurely; people over 65 with 2 or more of, or over 80 with 1 or more of: hospitalisation in previous year, type 1 or 2 diabetes, history of congestive heart failure, current use of oral corticosteroids. Do not offer a mucolytic, an oral or inhaled bronchodilator, or an oral or inhaled corticosteroid unless otherwise indicated. <i>For detailed information click on the visual summary.</i>	Adults first choice: doxycycline	200mg on day 1, then 100mg OD	-	5 days		
		Adults alternative first choices: amoxicillin (preferred if pregnant) OR clarithromycin OR	500mg TDS	-			
		erythromycin (if macrolide needed in pregnancy; consider benefit/harm)	250mg to 500mg QDS or 500mg to 1000mg BD	-			
		Children first choice: amoxicillin	-	-			
		Children alternative first choices: clarithromycin OR erythromycin OR doxycycline (not in under 12s)	-	-			5 days







Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
Hospital-acquired pneumonia NICE UK Health Security Agency Last updated: Sept 2019	<p>If symptoms or signs of pneumonia start within 48 hours of hospital admission, see community acquired pneumonia.</p> <p>Offer an antibiotic. Start treatment as soon as possible after diagnosis, within 4 hours (within 1 hour if sepsis suspected and person meets any high risk criteria – see the NICE guideline on sepsis).</p> <p>When choosing an antibiotic, take account of severity of symptoms or signs, number of days in hospital before onset of symptoms, risk of developing complications, local hospital and ward-based antimicrobial resistance data, recent antibiotic use and microbiological results, recent contact with a health or social care setting before current admission, and risk of adverse effects with broad spectrum antibiotics.</p> <p>No validated severity assessment tools are available. Assess severity of symptoms or signs based on clinical judgement.</p> <p>Higher risk of resistance includes relevant comorbidity (such as severe lung disease or immunosuppression), recent use of broad spectrum antibiotics, colonisation with multi-drug resistant bacteria, and recent contact with health and social care settings before current admission.</p> <p>If symptoms or signs of pneumonia start within days 3 to 5 of hospital admission in people not at higher risk of resistance, consider following community acquired pneumonia for choice of antibiotic.</p> <p>For detailed information click on the visual summary.</p>	First choice (non-severe and not higher risk of resistance): co-amoxiclav	500/125 mg TDS		5 days then review	
		Adults alternative first choice (non-severe and not higher risk of resistance) Choice based on specialist microbiological advice and local resistance data Options include: doxycycline	200mg on day 1, then 100mg OD	-	5 days then review	
		cefalexin (caution in penicillin allergy)	500 mg BD or TDS (can increase to 1 to 1.5g TDS or QDS)	-		
		co-trimoxazole	960mg BD	-		
		levofloxacin (only if switching from IV levofloxacin with specialist advice; consider safety issues)	500mg OD or BD	-		
		Children alternative first choice (non-severe and not higher risk of resistance): clarithromycin Other options may be suitable based on specialist microbiological advice and local resistance data	-		-	
		For first choice IV antibiotics (severe or higher risk of resistance) and antibiotics to be added if suspected or confirmed MRSA infection see visual summary				

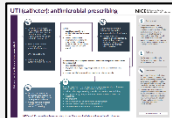
Infection	Key points	Medicine	Doses		Length	Visual summary	
			Adult	Child			
Community-acquired pneumonia NICE UK Health Security Agency Last updated: Sept 2019	<p>Assess severity in adults based on clinical judgement and guided by a mortality risk score (CRB65 or CURB65) when these scores can be calculated:</p> <p>low severity – CRB65 0 or CURB65 0 or 1</p> <p>moderate severity – CRB65 1 or 2 or CURB65 2</p> <p>high severity – CRB65 3 or 4 or CURB65 3 to 5.</p> <p>1 point for each parameter: confusion, (urea >7 mmol/l), respiratory rate ≥30/min, low systolic (<90 mm Hg) or diastolic (≤60 mm Hg) blood pressure, age ≥65.</p> <p>Assess severity in children based on clinical judgement. Offer an antibiotic. Start treatment as soon as possible after diagnosis, within 4 hours (within 1 hour if sepsis suspected and person meets any high risk criteria – see the NICE guideline on sepsis).</p> <p>When choosing an antibiotic, take account of severity, risk of complications, local antimicrobial resistance and surveillance data, recent antibiotic use and microbiological results.</p> <p>* Stop antibiotics after 5 days unless microbiological results suggest a longer course is needed or the person is not clinically stable.</p> <p><i>For detailed information click on the visual summary.</i></p>	First choice (low severity in adults or non-severe in children): amoxicillin	500mg TDS (higher doses can be used, see BNF)		5 days*		
		Alternative first choice (low severity in adults or non-severe in children): doxycycline (not in under 12s) OR clarithromycin OR erythromycin (if macrolide needed in pregnancy; consider benefit/harm)	200mg on day 1, then 100mg OD				
		First choice (moderate severity in adults): amoxicillin AND (if atypical pathogens suspected) clarithromycin OR erythromycin (if macrolide needed in pregnancy; consider benefit/harm)	500mg TDS (higher doses can be used, see BNF)				-
		Alternative first choice (moderate severity in adults): doxycycline OR clarithromycin	200mg on day 1, then 100mg OD	-	-		5 days*
		First choice (high severity in adults or severe in children): co-amoxiclav AND (if atypical pathogens suspected) clarithromycin OR erythromycin (if macrolide needed in pregnancy; consider benefit/harm)	500/125mg TDS	-	-		
		Alternative first choice (high severity in adults or severe in children): doxycycline OR clarithromycin	200mg on day 1, then 100mg OD	-	-		


Infection	Key points	Medicine	Doses		Length	Visual summary	
			Adult	Child			
		Alternative first choice (high severity in adults): levofloxacin (consider safety issues)	500mg BD	-			
		IV antibiotics (<i>click on visual summary</i>)					
▼ Urinary tract infections							
Lower urinary tract infection	Advise paracetamol or ibuprofen for pain. Non-pregnant women: back up antibiotic (to use if no improvement in 48 hours or symptoms worsen at any time) or immediate antibiotic. Pregnant women, men, children or young people: immediate antibiotic. When considering antibiotics, take account of severity of symptoms, risk of complications, previous urine culture and susceptibility results, previous antibiotic use which may have led to resistant bacteria and local antimicrobial resistance data. If people have symptoms of pyelonephritis (such as fever) or a complicated UTI, see acute pyelonephritis (upper urinary tract infection) for antibiotic choices. <i>For detailed information click on the visual summary. See also the NICE guideline on urinary tract infection in under 16s: diagnosis and management and the Public Health England urinary tract infection: diagnostic tools for primary care.</i>	Non-pregnant women first choice: nitrofurantoin (if eGFR ≥45 ml/minute) OR trimethoprim (if low risk of resistance)	100mg m/r BD (or if unavailable 50mg QDS) 200mg BD	- -	3 days		
NICE		Non-pregnant women second choice: nitrofurantoin (if eGFR ≥45 ml/minute) OR pivmecillinam (a penicillin) OR	100mg m/r BD (or if unavailable 50mg QDS) 400mg initial dose, then 200mg TDS	- -	3 days		
UK Health Security Agency		Seek advice from microbiologist					
Last updated: Oct 2018		Pregnant women first choice: nitrofurantoin (avoid at term) – if eGFR ≥45 ml/minute	100mg m/r BD (or if unavailable 50mg QDS)	-	7 days		
		Pregnant women second choice: amoxicillin (only if culture results available and susceptible) OR cefalexin	500mg TDS 500mg BD	- -	7 days		
		Treatment of asymptomatic bacteriuria in pregnant women: choose from nitrofurantoin (avoid at term), amoxicillin or cefalexin based on recent culture and susceptibility results					

Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
		Men first choice: Nitrofurantoin (if eGFR ≥ 45 ml/minute) OR Trimethoprim	100mg m/r BD (or if unavailable 50mg QDS)	-	7 days	
		Trimethoprim	200mg BD	-		
		Men second choice: consider alternative diagnoses basing antibiotic choice on recent culture and susceptibility results				
		Children and young people (3 months and over) first choice: trimethoprim (if low risk of resistance) OR nitrofurantoin (if eGFR ≥ 45 ml/minute)	-			
		Children and young people (3 months and over) second choice: nitrofurantoin (if eGFR ≥ 45 ml/minute and not used as first choice) OR amoxicillin (only if culture results available and susceptible) OR Cefalexin	-			
			-			
			-			







Infection	Key points	Medicine	Doses		Length	Visual summary		
			Adult	Child				
Acute pyelonephritis (upper urinary tract) NICE UK Health Security Agency Last updated: Oct 2018	Advise paracetamol (+/- low-dose weak opioid) for pain for people over 12. Offer an antibiotic. When prescribing antibiotics, take account of severity of symptoms, risk of complications, previous urine culture and susceptibility results, previous antibiotic use which may have led to resistant bacteria and local antimicrobial resistance data. Avoid antibiotics that don't achieve adequate levels in renal tissue, such as nitrofurantoin. <i>For detailed information click on the visual summary. See also the NICE guideline on urinary tract infection in under 16s: diagnosis and management and the Public Health England urinary tract infection: diagnostic tools for primary care.</i>	Non-pregnant women and men first choice: cefalexin OR	500mg BD or TDS (up to 1g to 1.5g TDS or QDS for severe infections)	-	7 to 10 days			
		co-amoxiclav (only if culture results available and susceptible) OR	500/125mg TDS	-	7 to 10 days			
		trimethoprim (only if culture results available and susceptible) OR	200mg BD	-	14 days			
		ciprofloxacin (consider safety issues)	500mg BD	-	7 days			
		Non-pregnant women and men IV antibiotics (<i>click on visual summary</i>)						
		Pregnant women first choice: cefalexin	500mg BD or TDS (up to 1g to 1.5g TDS or QDS for severe infections)	-	7 to 10 days			
		Pregnant women second choice or IV antibiotics consult microbiologist						
		Children and young people (3 months and over) first choice: cefalexin OR	-	-	-			
		co-amoxiclav (only if culture results available and susceptible)	-	-	-			
		Children and young people (3 months and over) IV antibiotics (<i>click on visual summary</i>)						

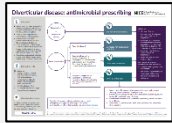
Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
Acute prostatitis NICE UK Health Security Agency Last updated: Oct 2018	Advise paracetamol (+/- low-dose weak opioid) for pain, or ibuprofen if preferred and suitable. Offer antibiotic. Review antibiotic treatment after 14 days and either stop antibiotics or continue for a further 14 days if needed (based on assessment of history, symptoms, clinical examination, urine and blood tests). <i>For detailed information click on the visual summary</i>	First choice (guided by susceptibilities when available): ciprofloxacin (consider safety issues) OR	500mg BD	-	14 days then review	
		ofloxacin (consider safety issues) OR	200mg BD	-		
		trimethoprim (if fluoroquinolone not appropriate; seek specialist advice)	200mg BD	-		
		Second choice (after discussion with specialist): levofloxacin (consider safety issues) OR	500mg OD	-	14 days then review	
		co-trimoxazole	960mg BD	-		
IV antibiotics (<i>click on visual summary</i>)						
Recurrent urinary tract infection NICE UK Health Security Agency Last updated Oct 2018	First advise about behavioural and personal hygiene measures, and self-care (with D-mannose or cranberry products) to reduce the risk of UTI. For postmenopausal women, if no improvement, consider vaginal oestrogen (review within 12 months). For non-pregnant women, if no improvement, consider single-dose antibiotic prophylaxis for exposure to a trigger (review within 6 months). For non-pregnant women (if no improvement or no identifiable trigger) or with specialist advice for pregnant women, men, children or young people, consider a trial of daily antibiotic prophylaxis (review within 6 months). <i>For detailed information click on the visual summary. See also the NICE guideline on urinary tract infection in under 16s: diagnosis and management and the Public Health England urinary tract infection: diagnostic tools for primary care.</i>	First choice antibiotic prophylaxis: nitrofurantoin (avoid at term) - if eGFR ≥ 45 ml/minute OR	100mg single dose when exposed to a trigger or 50 to 100mg at night		-	
		Trimethoprim (avoid in pregnancy)	200mg single dose when exposed to a trigger or 100mg at night		-	
		Second choice antibiotic prophylaxis: amoxicillin OR	500mg single dose when exposed to a trigger or 250mg at night		-	
		cefalexin	500mg single dose when exposed to a trigger or 125mg at night		-	

Infection	Key points	Medicine	Doses		Length	Visual summary		
			Adult	Child				
Catheter-associated urinary tract infection NICE UK Health Security Agency Last updated: Nov 2018	<p>Antibiotic treatment is not routinely needed for asymptomatic bacteriuria in people with a urinary catheter.</p> <p>Consider removing or, if not possible, changing the catheter if it has been in place for more than 7 days. But do not delay antibiotic treatment.</p> <p>Advise paracetamol for pain.</p> <p>Advise drinking enough fluids to avoid dehydration.</p> <p>Offer an antibiotic for a symptomatic infection.</p> <p>When prescribing antibiotics, take account of severity of symptoms, risk of complications, previous urine culture and susceptibility results, previous antibiotic use which may have led to resistant bacteria and local antimicrobial resistance data.</p> <p>Do not routinely offer antibiotic prophylaxis to people with a short-term or long-term catheter.</p> <p><i>For detailed information click on the visual summary. See also the Public Health England urinary tract infection: diagnostic tools for primary care.</i></p>	Non-pregnant women and men first choice if no upper UTI symptoms: nitrofurantoin (if eGFR \geq 45 ml/minute) OR	100mg m/r BD (or if unavailable 50mg QDS)	-	7 days			
		trimethoprim (if low risk of resistance) OR	200mg BD	-				
		amoxicillin (only if culture results available and susceptible)	500mg TDS	-				
		Non-pregnant women and men second choice if no upper UTI symptoms: pivmecillinam (a penicillin)	400mg initial dose, then 200mg TDS	-	7 days			
		Non-pregnant women and men first choice if upper UTI symptoms: cefalexin OR	500mg BD or TDS (up to 1g to 1.5g TDS or QDS for severe infections)	-	7 to 10 days			
		co-amoxiclav (only if culture results available and susceptible) OR	500/125mg TDS	-				
		trimethoprim (only if culture results available and susceptible) OR	200mg BD	-	14 days			
		ciprofloxacin (consider safety issues)	500mg BD	-	7 days			
		Non-pregnant women and men IV antibiotics (<i>click on visual summary</i>)						
		Pregnant women first choice: cefalexin	500mg BD or TDS (up to 1g to 1.5g TDS or QDS for severe infections)	-	7 to 10 days			
Pregnant women second choice or IV antibiotics (<i>click on visual summary</i>)								

Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
		<p>Children and young people (3 months and over) first choice: trimethoprim (if low risk of resistance) OR</p> <p>amoxicillin (only if culture results available and susceptible) OR</p> <p>cefalexin OR</p> <p>co-amoxiclav (only if culture results available and susceptible)</p>	-		-	
<p>Children and young people (3 months and over) IV antibiotics (<i>click on visual summary</i>)</p>						
<p>▼ Meningitis</p>						
<p>Suspected meningococcal disease</p> <p>Last updated: June 2023</p> <p>Status: Under review</p>	<p>For management guidance please refer to Meningococcal disease: guidance on public health management - GOV.UK (www.gov.uk)</p>					
<p>Prevention of secondary case of meningitis</p> <p>Last updated: June 2023</p> <p>Status: Under review</p>	<p>For management guidance please refer to Meningococcal disease: guidance on public health management - GOV.UK (www.gov.uk).</p>					




Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
▼ Gastrointestinal tract infections						
Oral candidiasis Last updated: June 2023 Status: Under review	For management guidance please refer to NICE/Clinical Knowledge Summaries: Candida oral					
Infectious diarrhoea Last updated: June 2023 Status: Under review	For management guidance please refer to NICE/Clinical Knowledge Summaries: Gastroenteritis					
Traveller's diarrhoea Last updated: June 2023 Status: Under review	For management guidance please refer to NICE/Clinical Knowledge Summaries: Diarrhoea - prevention and advice for travellers					
Threadworm Last updated: June 2023 Status: Under review	For management guidance please refer to NICE/Clinical Knowledge Summaries: Threadworm					

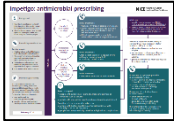



Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
<i>Clostridioides difficile</i> infection NICE UK Health Security Agency Last updated: Jul 2021	<p>For suspected or confirmed <i>C. difficile</i> infection, see Public Health England's guidance on diagnosis and reporting.</p> <p>Assess: whether it is a first or further episode, severity of infection, individual risk factors for complications or recurrence (such as age, frailty or comorbidities).</p> <p>Existing antibiotics: review and stop unless essential. If still essential, consider changing to one with a lower risk of <i>C. difficile</i> infection.</p> <p>Review the need to continue: proton pump inhibitors, other medicines with gastrointestinal activity or adverse effects (such as laxatives), medicines that may cause problems if people are dehydrated (such as NSAIDs). Do not offer antimotility medicines such as loperamide.</p> <p>Offer an oral antibiotic to treat suspected or confirmed <i>C. difficile</i> infection.</p> <p>For adults, consider seeking prompt specialist advice from a microbiologist or infectious diseases specialist before starting treatment.</p> <p>For children and young people, treatment should be started by, or after advice from, a microbiologist, paediatric infectious diseases specialist or paediatric gastroenterologist.</p> <p>If antibiotics have been started for suspected <i>C. difficile</i> infection, and subsequent stool sample tests do not confirm infection, consider stopping these antibiotics.</p> <p><i>For detailed information click on the visual summary.</i></p>	First-line for first episode of mild, moderate or severe: vancomycin	125mg QDS		10 days	
		Second-line for first episode of mild, moderate or severe if vancomycin ineffective: fidaxomicin	200mg BD			
		For further episode within 12 weeks of symptom resolution (relapse): fidaxomicin	200mg BD			
		For further episode more than 12 weeks after symptom resolution (recurrence): vancomycin OR	125mg QDS			
		fidaxomicin	200mg BD			
		For alternative antibiotics if first- and second-line antibiotics are ineffective or for life-threatening infection seek specialist advice (see visual summary)				

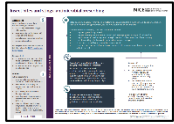
Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
<p><i>Helicobacter pylori</i></p> <p>Last updated: June 2023</p> <p>Status: Under review</p>	<p>For management guidance please refer to NICE/BNF treatment summaries: Helicobacter pylori infection</p>					
<p>Acute diverticulitis</p> <p>NICE</p> <p>Last updated: Nov 2019</p>	<p>Acute diverticulitis and systemically well: Consider no antibiotics, offer simple analgesia (for example paracetamol), advise to re-present if symptoms persist or worsen.</p> <p>Acute diverticulitis and systemically unwell, immunosuppressed or significant comorbidity: offer an antibiotic.</p> <p>Give oral antibiotics if person not referred to hospital for suspected complicated acute diverticulitis.</p> <p>Give IV antibiotics if admitted to hospital with suspected or confirmed complicated acute diverticulitis (including diverticular abscess).</p> <p>If CT-confirmed uncomplicated acute diverticulitis, review the need for antibiotics.</p> <p>* A longer course may be needed based on clinical assessment.</p>	<p>First-choice (uncomplicated acute diverticulitis): co-amoxiclav</p>	500/125mg TDS	-	5 days*	
		<p>Penicillin allergy or co-amoxiclav unsuitable: cefalexin (caution in penicillin allergy) AND metronidazole OR</p>	<p>cefalexin: 500mg BD or TDS (up to 1g to 1.5g TDS or QDS for severe infections) metronidazole: 400mg TDS</p>	-		
		<p>trimethoprim AND metronidazole OR</p>	<p>trimethoprim: 200mg BD metronidazole: 400mg TDS</p>	-		
		<p>ciprofloxacin (only if switching from IV ciprofloxacin with specialist advice; consider safety issues) AND metronidazole</p>	<p>ciprofloxacin: 500mg BD metronidazole: 400mg TDS</p>			







Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
		For IV antibiotics in complicated acute diverticulitis (including diverticular abscess) see visual summary				
▼ Genital tract infections						
Epididymitis Last updated: June 2023 Status: Under review	For management guidance please refer to the BASHH United Kingdom guideline for the management of epididymo-orchitis					
Chlamydia trachomatis/ urethritis Last updated: June 2023 Status: Under review	For management guidance please refer to the BASHH United Kingdom guideline for the management of Chlamydia					
Vaginal candidiasis Last updated: June 2023 Status: Under review	For management guidance please refer to the BASHH United Kingdom guideline for the management of vulvovaginal candidiasis					
Bacterial vaginosis Last updated: June 2023 Status: Under review	For management guidance please refer to the BASHH United Kingdom guideline for the management of bacterial vaginosis					


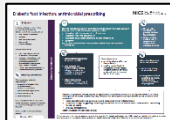

Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
Genital herpes Last updated: June 2023 Status: Under review	For management guidance please refer to the BASHH United Kingdom guideline for the management of anogenital herpes					
Gonorrhoea Last updated: June 2023 Status: Under review	For further management guidance please refer to the BASHH United Kingdom guideline for the management of Gonorrhoea					
Trichomoniasis Last updated: June 2023 Status: Under review	For management guidance please refer to the BASHH United Kingdom guideline on the management of Trichomonas vaginalis					
Pelvic inflammatory disease Last updated: June 2023 Status: Under review	For further management guidance please refer to the BASHH United Kingdom national guideline on the management of pelvic inflammatory disease					







Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
▼ Skin and soft tissue infections						
Cold sores Last updated: June 2023 Status: Under review	For management guidance please refer to NICE/Clinical Knowledge Summaries: Herpes simplex - oral .					
PVL-SA Last updated: June 2023 Status: Under review	For management guidance please refer to UKHSA (PHE) PVL-Staphylococcus aureus infections: diagnosis and management					
Eczema (bacterial infection) NICE UK Health Security Agency Last updated: Mar 2021	Manage underlying eczema and flares with treatments such as emollients and topical corticosteroids, whether antibiotics are given or not. Symptoms and signs of secondary bacterial infection can include: weeping, pustules, crusts, no response to treatment, rapidly worsening eczema, fever and malaise. Not all flares are caused by a bacterial infection, so will not respond to antibiotics. Eczema is often colonised with bacteria but may not be clinically infected. Do not routinely take a skin swab. Not systemically unwell: Do not routinely offer either a topical or oral antibiotic. If an antibiotic is offered, when choosing between a topical or oral antibiotic, take account of patient preferences, extent and severity of symptoms or signs, possible adverse effects, and previous use of topical	If not systemically unwell, do not routinely offer either a topical or oral antibiotic				
		Topical antibiotic (if a topical is appropriate). For localised infections only:				
		First choice: fusidic acid 2%	TDS		5 to 7 days	
		Oral antibiotic:				
		First choice: flucloxacillin	500mg QDS		5 to 7 days	
		Penicillin allergy or flucloxacillin unsuitable: clarithromycin OR erythromycin (if macrolide needed in pregnancy; consider benefit/harm)	250mg BD (can be increased to 500mg BD for severe infections) 250mg to 500mg QDS			


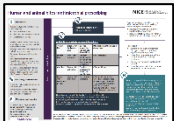


Infection	Key points	Medicine	Doses		Length	Visual summary		
			Adult	Child				
	<p>antibiotics because antimicrobial resistance can develop rapidly with extended or repeated use.</p> <p>Systemically unwell: Offer an oral antibiotic. If there are symptoms or signs of cellulitis, see cellulitis and erysipelas. <i>For detailed information click on the visual summary.</i></p>	If MRSA suspected or confirmed – consult local microbiologist						
<p>Impetigo</p> <p>NICE</p> <p>UK Health Security Agency</p> <p>Last updated: Feb 2020</p>	<p>Localised non-bullous impetigo: Hydrogen peroxide 1% cream (other topical antiseptics are available but no evidence for impetigo). If hydrogen peroxide unsuitable or ineffective, short-course topical antibiotic.</p> <p>Widespread non-bullous impetigo: Short-course topical or oral antibiotic. Take account of person's preferences, practicalities of administration, previous use of topical antibiotics because antimicrobial resistance can develop rapidly with extended or repeated use, and local antimicrobial resistance data.</p> <p>Bullous impetigo, systemically unwell, or high risk of complications: Short-course oral antibiotic. Do not offer combination treatment with a topical and oral antibiotic to treat impetigo. *5 days is appropriate for most, can be increased to 7 days based on clinical judgement. <i>For detailed information click on the visual summary.</i></p>	Topical antiseptic:						
		hydrogen peroxide 1%	BD or TDS		5 days*			
		Topical antibiotic:						
		First choice: fusidic acid 2%	TDS		5 days*			
		Fusidic acid resistance suspected or confirmed: mupirocin 2%	TDS					
		Oral antibiotic:						
		First choice: flucloxacillin	500mg QDS		5 days*			
		Penicillin allergy or flucloxacillin unsuitable: clarithromycin OR	250mg BD					
erythromycin (if macrolide needed in pregnancy; consider benefit/harm)	250 to 500mg QDS							
If MRSA suspected or confirmed – consult local microbiologist								
<p>Mastitis</p> <p>Last updated: June 2023</p> <p>Status: Under review</p>	<p>For management guidance please refer to NICE/Clinical Knowledge Summaries: Mastitis and breast abscess</p>							

Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
Tick bites (Lyme disease) Last updated: June 2023 Status: Under review	For management guidance please refer to NICE NG95: Lyme disease					
Scabies Last updated: June 2023 Status: Under review	For management guidance please refer to the BASHH United Kingdom national guideline on the management of Scabies					
Insect bites and stings NICE UK Health Security Agency Last updated: Sep 2020	<i>Most insect bites or stings will not need antibiotics. Do not offer an antibiotic if there are no symptoms or signs of infection.</i> <i>If there are symptoms or signs of infection, see cellulitis and erysipelas.</i>					

Infection	Key points	Medicine	Doses		Length	Visual summary	
			Adult	Child			
Leg ulcer infection NICE UK Health Security Agency Last updated: Feb 2020	Manage any underlying conditions to promote ulcer healing. Only offer an antibiotic when there are symptoms or signs of infection (such as redness or swelling spreading beyond the ulcer, localised warmth, increased pain or fever). Few leg ulcers are clinically infected but most are colonised by bacteria. When prescribing antibiotics, take account of severity, risk of complications and previous antibiotic use. <i>For detailed information click on the visual summary.</i>	First-choice:					
		flucloxacillin	500mg to 1g QDS	-	7 days		
		Penicillin allergy or if flucloxacillin unsuitable:					
		doxycycline OR	200mg on day 1, then 100mg OD (can be increased to 200mg daily)	-	7 days		
		clarithromycin OR	500mg BD	-			
		erythromycin (if macrolide needed in pregnancy; consider benefit/harm)	500mg QDS	-			
		Second choice:					
		co-amoxiclav OR	500/125mg TDS	-	7 days		
		co-trimoxazole (in penicillin allergy)	960mg BD	-			
		For antibiotic choices if severely unwell or MRSA suspected or confirmed, click on the visual summary					
Cellulitis and erysipelas NICE UK Health Security Agency Last updated: Sept 2019	Exclude other causes of skin redness (inflammatory reactions or non-infectious causes). Consider marking extent of infection with a single-use surgical marker pen. Offer an antibiotic. Take account of severity, site of infection, risk of uncommon pathogens, any microbiological results and MRSA status. Infection around eyes or nose is more concerning because of serious intracranial complications. *A longer course (up to 14 days in total) may be needed but skin takes time to return to normal, and full resolution at 5 to 7 days is not expected. Do not routinely offer antibiotics to prevent recurrent cellulitis or erysipelas. <i>For detailed information click on the visual summary.</i>	First choice:					
		flucloxacillin	500mg to 1g QDS		5 to 7 days*		
		Penicillin allergy or if flucloxacillin unsuitable:					
		clarithromycin OR	500mg BD		5 to 7 days*		
		erythromycin (if macrolide needed in pregnancy; consider benefit/harm) OR	500mg QDS				
		doxycycline (adults only)	200mg on day 1, then 100mg OD	-			
			-				
		If infection near eyes or nose:					
co-amoxiclav	500/125mg TDS		7 days*				
If infection near eyes or nose (penicillin allergy):							

Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
		clarithromycin AND metronidazole (only add in children if anaerobes suspected)	500mg BD 400mg TDS		7 days*	
		For alternative choice antibiotics for severe infection, suspected or confirmed MRSA infection and IV antibiotics click on the visual summary				
Diabetic foot infection NICE UK Health Security Agency Last updated: Oct 2019	In diabetes, all foot wounds are likely to be colonised with bacteria. Diabetic foot infection has at least 2 of: local swelling or induration; erythema; local tenderness or pain; local warmth; purulent discharge. Severity is classified as: Mild: local infection with 0.5 to less than 2cm erythema Moderate: local infection with more than 2cm erythema or involving deeper structures (such as abscess, osteomyelitis, septic arthritis or fasciitis) Severe: local infection with signs of a systemic inflammatory response. Start antibiotic treatment as soon as possible. Take samples for microbiological testing before, or as close as possible to, the start of treatment When choosing an antibiotic, take account of severity, risk of complications, previous microbiological results and antibiotic use, and patient preference. *A longer course (up to a further 7 days) may be needed based on clinical assessment. However, skin does take time to return to normal, and full resolution at 7 days is not expected. Do not offer antibiotics to prevent diabetic foot infection. <i>For detailed information click on the visual summary.</i>	Mild infection: first choice				
		flucloxacillin	500mg to 1g QDS	-	7 days*	
		Mild infection (penicillin allergy):				
		clarithromycin OR	500mg BD	-	7 days*	
		erythromycin (if macrolide needed in pregnancy; consider benefit/harm) OR	500mg QDS			
		doxycycline	200mg on day 1, then 100mg OD (can be increased to 200mg daily)			
For antibiotic choices for moderate or severe infection, infections where <i>Pseudomonas aeruginosa</i> or MRSA is suspected or confirmed, and IV antibiotics click on the visual summary						
						
Acne vulgaris NICE	First-line treatment options: offer a course of 1 of the options, taking account of severity, preferences, and advantages/disadvantages of each option. Completing the course is important because positive effects can take 6 to 8 weeks. Consider topical benzoyl peroxide monotherapy as an alternative if first-line treatment options are	First line: fixed combination of topical adapalene with topical benzoyl peroxide (for any acne severity, not in under 9s) OR	0.1% adapalene/2.5% benzoyl peroxide OR 0.3% adapalene/2.5% benzoyl peroxide OD (thinly evening)		12 weeks	<i>Not available. See the NICE guideline on acne vulgaris.</i>

Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
Last updated: Jun 2021	<p>contraindicated, or to avoid topical retinoids or an antibiotic (topical or oral).</p> <p>Do not use: monotherapy with a topical antibiotic, monotherapy with an oral antibiotic, or a combination of a topical antibiotic and an oral antibiotic.</p> <p>Review first-line treatment at 12 weeks.</p> <p>Only continue a topical or oral antibiotic for more than 6 months in exceptional circumstances. Review at 3 monthly intervals, and stop the antibiotic as soon as possible.</p> <p><i>For detailed information see the NICE guideline on acne vulgaris.</i></p>	<p>fixed combination of topical tretinoin with topical clindamycin (for any acne severity, not in under 12s) OR</p>	0.025% tretinoin/ 1% clindamycin OD (thinly in the evening)			
		<p>fixed combination of topical benzoyl peroxide with topical clindamycin (for mild to moderate acne, not in under 12s) OR</p>	3% benzoyl peroxide/1% clindamycin OR 5% benzoyl peroxide/1% clindamycin OD (in the evening)			
		<p>fixed combination of topical adapalene with topical benzoyl peroxide AND either oral lymecycline or oral doxycycline (for moderate to severe acne, not in under 12s) OR</p>	0.1% adapalene/ 2.5% benzoyl peroxide OR 0.3% adapalene/2.5% benzoyl peroxide OD (in the evening) AND lymecycline 408mg OD OR doxycycline 100mg OD	 		
		<p>topical azelaic acid AND either oral lymecycline or oral doxycycline (for moderate to severe acne, not in under 12s)</p>	15% or 20% azelaic acid BD AND lymecycline 408mg OD OR doxycycline 100mg OD	 		

Infection	Key points	Medicine	Doses		Length	Visual summary	
			Adult	Child			
		Alternative: topical benzoyl peroxide	5% benzoyl peroxide OD to BD				
Dermatophyte infection: skin Last updated: June 2023 Status: Under review	For management guidance please refer to NICE/Clinical Knowledge Summaries: Fungal skin infection - body and groin						
Dermatophyte infection: nail Last updated: June 2023 Status: Under review	For management guidance please refer to NICE/Clinical Knowledge Summaries: Fungal nail infection						
Human and animal bites NICE UK Health Security Agency	Offer an antibiotic for a human or animal bite if there are symptoms or signs of infection, such as increased pain, inflammation, fever, discharge or an unpleasant smell. Take a swab for microbiological testing if there is discharge (purulent or non-purulent) from the wound. Do not offer antibiotic prophylaxis if a human or animal bite has not broken the skin. Human bite: Offer antibiotic prophylaxis if the human bite has broken the skin and drawn blood.	First choice:					
		co-amoxiclav	250/125mg or 500/125mg TDS		3 days for prophylaxis 5 days for treatment*		
		Penicillin allergy or co-amoxiclav unsuitable:					
		doxycycline AND	200mg on day 1, then 100mg or 200mg daily		3 days for prophylaxis 5 days for treatment*		
		metronidazole	400mg TDS				
	seek specialist advice in pregnancy						

Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
<p>Last updated: Nov 2020</p>	<p>Consider antibiotic prophylaxis if the human bite has broken the skin but not drawn blood if it is in a high-risk area or person at high risk.</p> <p>Cat bite: Offer antibiotic prophylaxis if the cat bite has broken the skin and drawn blood.</p> <p>Consider antibiotic prophylaxis if the cat bite has broken the skin but not drawn blood if the wound could be deep.</p> <p>Dog or other traditional pet bite (excluding cat bite) Do not offer antibiotic prophylaxis if the bite has broken the skin but not drawn blood.</p> <p>Offer antibiotic prophylaxis if the bite has broken the skin and drawn blood if it has caused considerable, deep tissue damage or is visibly contaminated (for example, with dirt or a tooth).</p> <p>Consider antibiotic prophylaxis if the bite has broken the skin and drawn blood if it is in a high-risk area or person at high risk.</p> <p>*course length can be increased to 7 days (with review) based on clinical assessment of the wound.</p>	<p>IV antibiotics (click on visual summary)</p>				
<p>Varicella zoster/ chickenpox</p> <p>Herpes zoster/ shingles</p> <p>Last updated: June 2023</p> <p>Status: Under review</p>	<p>For management guidance please refer to NICE/Clinical Knowledge Summaries - Chickenpox</p> <p>Or NICE/Clinical Knowledge Summaries - Shingles</p>					

Infection	Key points	Medicine	Doses		Length	Visual summary
			Adult	Child		
▼ Eye infections						
Conjunctivitis Last updated: June 2023 Status: Under review	For management guidance please refer to NICE/Clinical Knowledge Summaries: Conjunctivitis - infective					
Blepharitis Last updated: June 2023 Status: Under review	For management guidance please refer to NICE/Clinical Knowledge Summaries: Blepharitis					
▼ Suspected dental infections in primary care (outside dental settings)						
<p>This guidance is not designed to be a definitive guide to oral conditions, as GPs should not be involved in dental treatment. Patients presenting to non-dental primary care services with dental problems should be directed to their regular dentist, or if this is not possible, to the NHS 111 service (in England), who will be able to provide details of how to access emergency dental care.</p> <p>For further information on this topic please refer to the: College of General Dentistry and Faculty of Dental Surgery (FDS) of the Royal College of Surgeons of England - Antimicrobial Prescribing in Dentistry: Good Practice Guidelines.</p>						
▼ Abbreviations						
BD, twice a day; eGFR, estimated glomerular filtration rate; IM, intramuscular; IV, intravenous; MALToma, mucosa-associated lymphoid tissue lymphoma; m/r, modified release; MRSA, methicillin-resistant <i>Staphylococcus aureus</i> ; MSM, men who have sex with men; stat, given immediately; OD, once daily; TDS, 3 times a day; QDS, 4 times a day.						