

SOP014: Infant formula milks

Purpose	A guide for processing requests for infant formula which are on the patient's repeat template.
Scope	This SOP is for processing prescriptions requests for infant formula for both new and continuing requests
For the use of	Prescription Clerks, Receptionists, Administrators, Pharmacy Technicians and Pharmacists

<p>Request for prescription of infant formula milk received (NHS app, paper slip, footfall etc.).</p> <p><u>Repeat Prescription coordinator/administrator investigations and actions.</u></p> <p>Check the following before issuing the prescription:</p> <ol style="list-style-type: none"> 1) Quantity prescribed in 28 day period. 2) Product requested- please check Appendix for alphabetical list of infant formula if you are unsure of products. 3) Age of infant. <p>Please highlight the following to your pharmacist for investigation:</p> <ol style="list-style-type: none"> 1) Quantity issues e.g., ordering is very erratic i.e., 3 months or more between last issue, or if repeatedly ordering before the due date, amount of formula prescribed is inappropriate (too much or too little), or on short issue e.g., 7 days. Item can still be issued. <ol style="list-style-type: none"> a. NB- Infants under 1 year may be prescribed up to 4000g per 28 days (or more if advised by a paediatric dietitian). 2) Product prescribed <ol style="list-style-type: none"> a. If patients order or have any of the following RED products (see Appendix) on prescription. Do not issue. <ol style="list-style-type: none"> i. Please also document on SystmOne/EMIS: “[Name of GP practice] are not allowed to issue these products as they are not on the formulary, this will be highlighted to our clinical team to review”. b. If patient prescribed any of the following milks, please ensure they are suitable for the infant's age, change to a suitable product if appropriate: <ol style="list-style-type: none"> i. Aptamil pepti 1: Suitable from birth to 6 months ii. Aptamil pepti 2: Suitable from 6-12 months iii. Nutramigen LGG 1: Suitable from birth to 6 months (licensed for use up to 12 months if LGG 2 unavailable) iv. Nutramigen LGG 2: Suitable from 6-12 months v. Nutramigen LGG 3: Suitable from 12 months c. Instant Carobel powder: should not be prescribed routinely. Suitable for ‘Thickening feeds in the treatment of vomiting’ (ACBS) in infants. May be suitable to thicken specialist formulae or breast milk. Over the counter (OTC) anti-

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reflux formulae should be advised first in formula-fed infants (See link to guidelines below for info on gastro-oesophageal reflux treatment pathway). **Item can still be issued.**

- i. Instant Carobel powder may also be prescribed as a thickener for paediatric dysphagia (swallowing difficulties) **in children under 3 years only** on advice from a paediatric speech and language therapist- as per Thickener SOP.
- d. If patient is prescribed an **Amino Acid Formula** (see appendix), please check that they are being actively reviewed by a dietitian. If not, referral to the allergy clinic is required.
 - i. Check for letters from paediatric dietitians in SystmOne or EMIS (JPUH dietitian may also document in tabbed journal on SystmOne).

Please see [Norfolk and Waveney ICB Infant Formula Guideline and Formulary](#) for more information if needed.

If pharmacist unable to resolve query or unsure and would like to discuss, then contact the Norfolk and Waveney (N&W) dietetic team as per blue box below.

Please highlight the following to the **N&W ICB dietitians** for investigation:

- 1) Patient is > 12 months old and still being prescribed formulary product. **Product can be issued.**
N.B. This may be appropriate if patient's Cow's Milk Protein Allergy was diagnosed/specialist infant formula was first prescribed when the infant was over 6 months old (as Cow's milk free diet advised for at least 6 months) - **please check before sending to N&W ICB dietitians.**

Contact details for NWICB Dietitians: nwicb.dieteticqueries@nhs.net

Please provide the following details with your query:

- 1) Patient name
- 2) NHS number
- 3) GP practice
- 4) Type of query (ONS, thickener, infant formula) and product
- 5) Reason why highlighted to team
- 6) If you **have not issued the item requested**, please mark your query as 'URGENT'

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Appendix: Alphabetical list of infant formula (Jan 24)

Red: Non Formulary please do not issue. Available OTC	Green: Formulary product
Standard infant formulae Aptamil First Infant Aptamil Follow-On Cow & Gate First Infant Milk Cow & Gate Follow-On Baby Milk Cow & Gate Hungry Infant Milk SMA Advanced First Infant Milk SMA Advanced Follow-On Milk SMA Advanced Growing Up Milk SMA First Infant Milk SMA Follow-On Milk	Cow's milk protein allergy Extensively hydrolysed formulae: Alimentum Aptamil Pepti 1 Aptamil Pepti 2 Aptamil Pepti- Syneo (only if advised by Paediatric Dietitian) SMA Althera Nutramigen LGG 1 Nutramigen LGG 2 Nutramigen LGG 3 Amino acid formulae: Elecare (similac) Neocate LCP Nutramigen Puramino SMA Alfamino
Lactose free Aptamil Lactose Free Enfamil O-Lac SMA LF	Pre-term formulae Nutriprem 2 SMA Gold Prem 2
Anti-reflux Aptamil Anti-Reflux Cow & Gate Anti-Reflux SMA Anti-Reflux	High energy formulae Infatrini ready to feed Similac High Energy SMA High Energy
Comfort Aptamil Comfort Cow & Gate Comfort SMA Comfort Milk	Other Aptamil Pepti-Junior Pregestimil LIPIL
Soya-based Enfamil Prosobee Nutralon Soya Ostersoy Soya Protein	
Other Colief Infant drops	

Version Control

Date	Version Number	Change Made
07/06/2024	1.0	New SOP

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