

Nutritional products – prescribing guidelines

NHS Norfolk & Waveney Medicines Optimisation Dietetic Team

These guidelines have been written by the Medicines Optimisation Dietetic Team (with specialist input where appropriate), to support the safe and cost-effective prescribing of nutrition products

For use by clinicians involved in prescribing nutritional products

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Oral nutritional supplements

[Oral Nutritional Supplement \(ONS\) prescribing guidelines for adults in primary care](#)

Nutrition and end of life care

[Oral nutritional supplements \(ONS\) in end of life care](#)

[Carer information - eating and drinking at end of life](#)

Infant formula

[Infant formula and milk products - policy statement & formulary](#)

[Guide 1 - Infant formula and cow's milk protein allergy \(CMPA\)](#)

[Guide 2 - Managing preterm infants](#)

[Guide 3 - Faltering growth](#)

[Guide 4 – Formula milks not for prescribing](#)

Substance misuse

[Substance misuse and ONS - guidance](#)

[Sources of support for substance and alcohol misuse in Norfolk and Waveney](#)

Vitamin D and care homes

[Vitamin D for care home residents: Information pack and risk assessment](#)

Dysphagia and the safe use of thickeners

[Thickeners guidance](#)

Dietary information for patients and carers

[Eating Well – A guide to eating well to maintain or gain weight](#)

[EatingWell – Ideas for plant-based alternatives](#)

[Homemade nourishing drinks](#)

For queries about these guidelines or when prescribing nutrition products, please use our generic email: nwicb.dieteticqueries@nhs.net