

Health Improvement for Learning Disabilities

Introduction

Norfolk and Waveney ICB are continuing a pilot to support GP surgeries with increasing the uptake of Annual Health Checks (AHC) for people with a learning disability aged 14 and over. The annual health check is important in preventing health inequalities for people with a learning disability and the early identification of health needs.

The team consists of a learning disability nurse and support worker. The team will provide education and support to primary care and other community and voluntary providers to promote the uptake of AHCs to this population. In addition, there is a focus on outreach for people from ethnic minority, transient and refugee's/asylum seekers communities.

The team can:

- Outreach to patients (or their carers) who have not had their Annual Health Check within the last 12/18 months
- Promote the annual health check and empower patients to understand the importance of the annual health check
- Support surgeries with implementing reasonable adjustments
- Support people to attend their AHC appointment where necessary
- Provide training, education, and advice to primary care
- Promote the use of and provide support with pre health check questionnaires and health action plans
- Support practices with their LD registers and support patients to ensure they are on LD register
- Encourage a named LD champion in each GP practice
- Provide a monthly forum and channel to support LD champions in practices
- Network with other professionals within community and acute LD providers
- Support practices with the use of accessible information

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