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Norfolk and Waveney Integrated Care System

NHS Norfolk and Waveney Policy Statement and Formulary: Infant Formula Milk Products

Guide 2: Managing Pre-term Infants

If you have any queries about prescribing specialist infant formulae related to this guidance, please contact the Medicines Optimisation Dietetic team at N&WICB:
nwicb.dieteticqueries@nhs.net

Managing Pre-term infants

Indications

- These children will have had their formula commenced in hospital. It should not be started in primary care.
- It is started for babies born before 34 weeks gestation, weighing less than 2kg at birth.
- For advice on iron & vitamin supplementation please see the East of England Perinatal Network guidance:
[Iron & Vitamin Guideline - East of England \(eoeneonatalpccsicnetwork.nhs.uk\)](https://www.eoeneonatalpccsicnetwork.nhs.uk) (ratified March 2024).
- These formulas should not be used in primary care to promote weight gain in patients other than those born prematurely.

Specialised Formula – Pre-term infants		
Product	Quantity per month	Indicated Age Range
SMA Gold Prem 2 (powder) 800g SMA	As advised by hospital	<6 months corrected age
Nutriprem 2 (powder) 800g Cow and Gate	As advised by hospital	<6 months corrected age
Nutriprem Human Milk Fortifier 1g sachets (50 x 1g per box)	As advised by hospital	Upto 8 weeks after expected date of delivery (EDD)

Review and discontinuation of treatment

- The Health Visitor or other suitable healthcare professional should monitor growth (weight, length, and head circumference) while the baby is on these formulae.
- These products should be discontinued by six months corrected age.
- Not all babies need these formulae for the full 26 weeks (or 8 weeks for Nutriprem Human Milk Fortifier) from EDD.
- If there is excessive weight gain at any stage up to six months corrected age the formula should be reviewed. Change to a standard formula if no concerns with growth (can be purchased over the counter).